



PACIFIC
SWIMMING



2012 Far Western Short Course Championship Event Information



Morgan Hill Aquatic Center

Host: Quicksilver Swimming (ASRC)

March 29 - April 1, 2012

https://ome.swimconnection.com/PC/GSS_FW20120329

SANCTION: Held under USA Pacific Swimming Sanction No: **12-002**.

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet will be posted in real time on the Internet at (meet results URL). By entering the meet, the athlete or his/her guardian consents to this publication.

Use of Audio and Video: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms

LOCATION: Morgan Hill Aquatic Center is located at 16200 Condit Rd, Morgan Hill, CA 95037-9598.

PARKING: Carpooling is suggested. Parking for Officials will be available. No overnight or RV parking is permitted on the aquatic center property.

OFFICIALS: HEAD REFEREE: Brian Malick
HEAD STARTER: Mike Davis
HEAD MEET MARSHAL: Mike McCombs
MEET DIRECTOR: Mark Scannell Email: 2012FWMeetDirector@gmail.com

COURSE: 25 yard x 50-meter outdoor, heated pool. Up to 16 competition lanes will be available. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 6'6" at the start end and 6'6" at the turn end. The competition course has been certified in accordance with Article 104.2.2C(4). The copy of the certification is on file with USA Swimming. A separate 6 lane by 25 yard warm-up / cool down pool will be available during the meet.

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. A USA Swimming member coach must certify the swimmer, as being proficient in performing a racing starter must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

TIME: Meet begins at 9:00 AM each day, warm-ups from 7:00AM to 8:45AM each day. The competition pool will be cleared at 8:45 AM each day. Trials will start at 9:00 AM. Finals will begin no sooner than 1½ hour after trials. The exact time will be determined by the referee and announced early each day. See special rules below for the 1000 and 1650 Freestyle Events and Relays. Relays will be swum during finals.

ELIGIBILITY: Swimmers 18 years of age or younger are eligible to enter this meet Swimmers must be current members of USA-S and must enter their name and registration on the meet entry card, or online as shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registration against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded via mail POST MEET.

RULES: Current USA Swimming and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course Swimmers may swim in a maximum of seven (7) individual events in the entire meet. They can swim no more than three (3) events per day. No refunds will be given. Relays do not count against these limits. Championship Relays, three (3) per team and 11 – 18 age group 1000 yards and 1650 yard Freestyle will be timed finals. Swimmers must provide their own lap counters for the 500 Free event, for the 1,000 and 1650 free events, swimmers must provide their own lap counters and timers. Preliminary events will be swum fastest to slowest starting with non conforming long course meter, no conforming short course meters, then conforming Short course yard times.

PROOF OF TIME: Proof of time will be REQUIRED in advance for all swimmers for this meet per Section 4.C.2 of the Pacific Swimming Rules and Regulations. **Time must have been Achieved Between September 2010 and the closing date for meet entries.**

- 1.All entry times will be verified against the USA Swimming SWIMS database.. If a time cannot be proven before the meet, the swimmer will be not be allowed to check in for the event until the entry time has been proven. No refunds will be given if a time cannot be proven. Only official results from sanctioned, approved or observed meets may be used to prove times.
- 2.Converted times are not to be used. Time standards for this meet are provided in short course yards, short course meters, and long course meters. A swimmer who has met the qualifying time standard for an event in any course may enter that event in this meet.
- 3.When possible, coaches will be notified of swimmers who have not proven entry times.

All coaches and deck officials must wear their USA-S membership cards in a visible manner.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and during warm-up periods. Sale and use of alcoholic drinks is prohibited in all areas of the meet venue. No propane containers, other than provided for the snack bar, are allowed in any areas of the meet venue. No glass containers allowed on deck. Use of cell phones or other recording devices are prohibited in the locker rooms. No animals are allowed on the premises. Overnight parking is prohibited within the aquatic center grounds. Except for coaches seating next to the pool, no chairs, canopies, tents or “camping” in the competition area is allowed. All chairs, canopies, tents, or other setups must be on the lawn and other designated setup areas only.

Except for coaches’ seating next to the pool, no chairs, canopies, tents, or “camping” in the competition pool area is allowed. All chairs, canopies, tents, or other setups must be on the lawn and other designated setup areas only.

ATTENTION HIGH SCHOOL SWIMMERS: if you are a high school swimmer in season, you need to be unattached from this meet. It is the swimmers responsibility to be unattached from this meet. You can un-attach at the meet if necessary. This does not apply to pacific swimmers in zone 4.

CERTIFICATION MEET: This is a National Officials Qualifying Meet. Officials wishing to be evaluated must apply to the Meet referee before the meet by email or when they first arrive at the meet and attend pre-session meetings. Briefing will occur one hour before the start of Trials and Finals. Shorts are not permitted for Finals. For an N3 evaluation to be valid it must be done over 4 sessions in the position. N2 evaluation must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions, however, the official must work at least 4 sessions at the meet for the recertification evaluation(s) to be valid. The application form can be obtained found on the Pacific Swimming Website.

10 & UNDER CAMP: Forty-eight swimmers will be selected at the Pacific Swimming Short Course Far Westerns Championship Meet in Morgan Hill, California to attend the Adam Szmids Memorial Camp for 10 & Under swimmers. Participants must be no more than 10 years old as of the final day of competition at the meet. The camp will be held Sunday, April 29th in Sunnyvale, CA. To apply, the athlete must compete at Short Course Far Western Championship.

DISTANCE: The 1650 and 1000 yard Freestyle events are timed finals and will be scored. The Meet Referee and Meet Director will determine the course(s) to be used based on the number of swimmers checked-in for these events. Swimmers need to provide their own lap counters and timers. Check in for the 1000 and 1650 Freestyle events (Events 201-204) will be open from the start of the meet until 11:00 AM on the day of the event. The 1000 and 1650 Freestyle events will be swum fastest to slowest.

SCRATCHES: The Pacific Swimming Scratch Rules will be in effect. A copy of these rules will be posted at the Clerk-of-Course. Briefly, these rules include the following provisions:

Trials: Swimmers entered in an individual event in a Trials and Finals meet that is seeded on the deck who have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from rest of his/her events that day including relays. If the swimmer qualified for a final before missing an event they may swim that final.

Finals: Any swimmer qualifying for any level of finals in an individual event that does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that they may not intend to compete in consolation finals or finals. In this case they must declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event. Any swimmer originally qualifying for final that fails to compete in that final will be barred from further competition for the remainder of the meet. If the failure to compete occurs on the last day the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable, the swimmer shall then be fined \$25.00. Exceptions to that fine are ONLY under the conditions stated in the Pacific Swimming scratch rules.

SEEDING: Conforming Short Course yard (SCY)-(JO Times) will be seeded first followed by non-conforming Short Course Meter (SCM)-(JO Times), followed by non-conforming Long Course Meters (LCM)-(JO Times).

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

ENTRIES: Entries must be on attached form or online. Forms must be completely filled out including best conforming Short Course Yards (SCY) (FW Time), Short Course Meters (SCM) (FW Time), or Long Course Meters (LCM) (FW Time) for each event entered. All entry times shall be noted by (SCY), (SCM), or (LCM) to the right of the entry time. **DO NOT CONVERT TIMES USING ANY CONVERSION FORMULA.** Entry times submitted for this meet will be checked against the SWIMS database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. "NO TIME" or "NT" entries cannot and will not be accepted.

ONLINE ENTRIES: You may enter this meet online https://ome.swimconnection.com/PC/GSS_FW20120329 and receive an immediate entry confirmation. The "billing information" email should be brought to the meet as proof of entry. This method requires payment by credit card using our secure site. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total meet entry fees. Online meet entry fees are paid to Swim Connection LLC. Please note that the processing fee is a separate fee from the entry fees. **ONLINE ENTRIES WILL CLOSE on Wednesday, 3/21/2012. NO refunds will be made except for mandatory scratches.** If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering on line is a convenience and is completely voluntary, and is in no way required or expected in order to enter this meet.

MAIL ENTRY DEADLINE: Entries must be postmarked by midnight, Monday, 3/19/2012. Entries can be hand delivered to the address below by **5:00 PM PST, Wednesday 3/21/2012. No late entries, no telephone entries, and no FAXED entries will be accepted.**

ENTRY FEES: \$5.50 per individual event, \$20.00 per relay event, plus \$8.00 participation fee per swimmer to help cover meet expenses. Relay-only swimmers are required to pay the \$8.00 participation fee.

Checks payable to: Almaden Swim & Racquet Club

Mail Entries to: Almaden Swim & Racquet Club (Far Western Entries)
6604 Northridge Drive
San Jose, CA 95120

AWARDS:
INDIVIDUAL MEDALS: 1st - 10th Place.
RELAY MEDALS: 1st - 6th Place.
INDIVIDUAL HIGH POINT AWARDS: 1st - 3rd Female & Male / Age Group.
OVERALL TEAM AWARDS: 1st - 5th Place.

SCORING:

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
INDIVIDUAL	11	9	8	7	6	5	4	3	2	1
RELAY	22	18	16	14	12	10	8	6	4	2

GENERAL: Admission is free. A four-day program will be available for a fee. Hospitality will be provided for timers/recorders, coaches, and meet officials. A full service snack bar will be available. Coaches and officials will be provided meals. Timers will be provided light refreshments, including coffee, light snacks, etc..

Time must have been achieved Between September 2010 and the closing date for meet entries.

The time standards can be found at http://www.pacswim.org/page/times_standards.shtml

THURSDAY, MARCH 29, 2012

10 & UNDER	11 - 12	13 - 14	15 - 16	17 - 18
200 FREE	200 FREE	200 FREE	200 FREE	200 FREE
100 FLY	100 FLY	100 FLY	200 BREAST	200 BREAST
100 BREAST	200 BREAST	200 BREAST	200 BACK	200 BACK
	50 BACK	1650 FREE (GIRLS)	1650 FREE (GIRLS)	1650 FREE (GIRLS)
	1650 FREE (GIRLS)	400 MEDLEY RELAY		
	400 MEDLEY RELAY			

FRIDAY, MARCH 30, 2012

10 & UNDER	11 - 12	13 - 14	15 - 16	17 - 18
200 IM	200 IM	200 IM	400 IM	400 IM
100 FREE	100 FREE	100 FREE	100 FREE	100 FREE
50 BACK	200 BACK	200 BACK	100 FLY	100 FLY
	50 FLY	1650 FREE (BOYS)	1650 FREE (BOYS)	1650 FREE (BOYS)
	1650 FREE (BOYS)	400 FREE RELAY		
	400 FREE RELAY			

SATURDAY, MARCH 31, 2012

10 & UNDER	11 - 12	13 - 14	15 - 16	17 - 18
500 FREE	500 FREE	500 FREE	200 FLY	200 FLY
100 BACK	100 IM	100 BACK	100 BACK	100 BACK
50 BREAST	100 BACK	100 BREAST	100 BREAST	100 BREAST
200 MEDLEY RELAY	50 BREAST	1000 FREE (GIRLS)	1000 FREE (GIRLS)	1000 FREE (GIRLS)
	1000 FREE (GIRLS)	200 MEDLEY RELAY		
	200 MEDLEY RELAY	200 FREE RELAY		

SUNDAY, APRIL 1, 2012

10 & UNDER	11 - 12	13 - 14	15 - 16	17 - 18
100 IM	400 IM	400 IM	500 FREE	500 FREE
50 FLY	50 FREE	50 FREE	200 IM	200 IM
50 FREE	100 BREAST	200 FLY	50 FREE	50 FREE
200 FREE RELAY	200 FLY	1000 FREE (BOYS)	1000 FREE (BOYS)	1000 FREE (BOYS)
	1000 FREE (BOYS)	800 FREE RELAY		
	200 FREE RELAY			

THURSDAY, MARCH 29

FRIDAY, MARCH 30

G I R L S		DESCRIPTION		B O Y S	
#	AGE	EVENT	#		
1	17 - 18	200 FREE	2		
3	15 - 16	200 FREE	4		
5	11 - 12	200 FREE	6		
7	13 - 14	200 FREE	8		
9	10 & U	200 FREE	10		
11	17 - 18	200 BREAST	12		
13	15 - 16	200 BREAST	14		
15	11 - 12	100 FLY	16		
17	13 - 14	100 FLY	18		
19	10 & U	100 FLY	20		
21	17 - 18	200 BACK	22		
23	15 - 16	200 BACK	24		
25	11 - 12	200 BREAST	26		
27	13 - 14	200 BREAST	28		
29	10 & U	100 BREAST	30		
31	11 - 12	50 BACK	32		
201	11 - 12	1650 FREE (GIRLS)			
	13 - 14	1650 FREE (GIRLS)			
	15 - 16	1650 FREE (GIRLS)			
	17 - 18	1650 FREE (GIRLS)			
33	13 - 14	400 MR	34		
35	11 - 12	400 MR	36		

G I R L S		DESCRIPTION		B O Y S	
#	AGE	EVENT	#		
37	17 - 18	400 IM	38		
39	15 - 16	400 IM	40		
41	11 - 12	200 IM	42		
43	13 - 14	200 IM	44		
45	10 & U	200 IM	46		
47	17 - 18	100 FREE	48		
49	15 - 16	100 FREE	50		
51	11 - 12	100 FREE	52		
53	13 - 14	100 FREE	54		
55	10 & U	100 FREE	56		
57	17 - 18	100 FLY	58		
59	15 - 16	100 FLY	60		
61	11 - 12	200 BACK	62		
63	13 - 14	200 BACK	64		
65	10 & U	50 BACK	66		
67	11 - 12	50 FLY	68		
	11 - 12	1650 FREE (BOYS)	202		
	13 - 14	1650 FREE (BOYS)			
	15 - 16	1650 FREE (BOYS)			
	17 - 18	1650 FREE (BOYS)			
69	13 - 14	400 FR	70		
71	11 - 12	400 FR	72		

IMPORTANT NOTES

*Event 201 will be swum between trials and finals, immediately after Event 32
Relays (Events 33-36) will be swum at the conclusion of finals.*

IMPORTANT NOTES

*Event 202 will be swum between trials and finals, immediately after Event 68
Relays (Events 69-72) will be swum at the conclusion of finals.*

SATURDAY, MARCH 31

G I R L S #	DESCRIPTION		B O Y S #
	AGE	EVENT	
73	17 - 18	200 FLY	74
75	15 - 16	200 FLY	76
77	11 - 12	500 FREE	78
79	13 - 14	500 FREE	80
81	10 & U	500 FREE	82
83	11 - 12	100 IM	84
85	17 - 18	100 BACK	86
87	15 - 16	100 BACK	88
89	11 - 12	100 BACK	90
91	13 - 14	100 BACK	92
93	10 & U	100 BACK	94
95	17 - 18	100 BREAST	96
97	15 - 16	100 BREAST	98
99	11 - 12	50 BREAST	100
101	13 - 14	100 BREAST	102
103	10 & U	50 BREAST	104
203	11 - 12	1000 FREE (GIRLS)	
	13 - 14	1000 FREE (GIRLS)	
	15 - 16	1000 FREE (GIRLS)	
	17 - 18	1000 FREE (GIRLS)	
105	13 - 14	200 MR	106
107	11 - 12	200 MR	108
109	10 & U	200 MR	110
111	13 - 14	200 FR	112

IMPORTANT NOTES

*Event 203 will be swum between trials and finals, immediately after Event 104.
Relay Events 105 & 106 will be swum at the beginning of finals.
Relays Events 107-112 will be swum at the conclusion of finals.*

SUNDAY, APRIL 1

G I R L S #	DESCRIPTION		B O Y S #
	AGE	EVENT	
113	17 - 18	500 FREE	114
115	15 - 16	500 FREE	116
117	11 - 12	400 IM	118
119	13 - 14	400 IM	120
121	10 & U	100 IM	122
123	17 - 18	200 IM	124
125	15 - 16	200 IM	126
127	11 - 12	50 FREE	128
129	13 - 14	50 FREE	130
131	10 & U	50 FLY	132
133	11 - 12	100 BREAST	134
135	17 - 18	50 FREE	136
137	15 - 16	50 FREE	138
139	13 - 14	200 FLY	140
141	11 - 12	200 FLY	142
143	10 & U	50 FREE	144
	11 - 12	1000 FREE (BOYS)	204
	13 - 14	1000 FREE (BOYS)	
	15 - 16	1000 FREE (BOYS)	
	17 - 18	1000 FREE (BOYS)	
145	13 - 14	800 FR	146
147	11 - 12	200 FR	148
149	10 & U	200 FR	150

IMPORTANT NOTES

*Event 204 will be swum between trials and finals, immediately after Event 144.
Relays Events 145-150 will be swum at the conclusion of finals.*

CLUB NAME	LSC	CLUB ABBREVIATION

THURSDAY, MARCH 29

GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM
F	13 - 14	400 MEDLEY RELAY	33			
M	13 - 14	400 MEDLEY RELAY	34			
F	11 - 12	400 MEDLEY RELAY	35			
M	11 - 12	400 MEDLEY RELAY	36			

FRIDAY, MARCH 30

GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM
F	13 - 14	400 FREE RELAY	69			
M	13 - 14	400 FREE RELAY	70			
F	11 - 12	400 FREE RELAY	71			
M	11 - 12	400 FREE RELAY	72			

SATURDAY, MARCH 31

GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM
F	13 - 14	200 MEDLEY RELAY	105			
M	13 - 14	200 MEDLEY RELAY	106			
F	11 - 12	200 MEDLEY RELAY	107			
M	11 - 12	200 MEDLEY RELAY	108			
F	10 & U	200 MEDLEY RELAY	109			
M	10 & U	200 MEDLEY RELAY	110			
F	13 - 14	200 FREE RELAY	111			
M	13 - 14	200 FREE RELAY	112			

SUNDAY, APRIL 1

GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM
F	13 - 14	800 FREE RELAY	145			
M	13 - 14	800 FREE RELAY	146			
F	11 - 12	200 FREE RELAY	147			
M	11 - 12	200 FREE RELAY	148			
F	10 & U	200 FREE RELAY	149			
M	10 & U	200 FREE RELAY	150			

COACH:		# RELAYS	
		RELAY FEE	x \$20 EACH
EMAIL:		TOTAL	\$

Relay entries and a check payable to "Almaden Swim & Racquet Club" are due by the entry deadline, postmarked by midnight PST, Monday, March 19, 2012 or hand delivered by 5:00PM PST, Wednesday, March 21, 2012.
No relays will be "Deck Entered"

