

Davis AA- Championship



Hosted by Davis Aquadarts
Sponsored by SPEEDO
May 5-6, 2018

SANCTION: Held under USA Swimming/Sierra Nevada Swimming Sanction **Number:** 18-18 In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

FORMAT: This meet is designed to give our AA- swimmers in Sierra Nevada one last chance to race SCY. **Swimmers with AA times and above can enter the meet but will swim as EXHIBITION. Exhibition swims will be official "USA Swimming" times but will not be awarded ribbons or points towards the high point award.**

LOCATION: Arroyo Pool located in Arroyo Community Park at 2000 Shasta Drive in Davis, CA 95616. Directions to the pool: From Highway 113, take Covell Blvd, west. Turn left onto Shasta Drive Ave and left into the parking lot at the Arroyo Community Park. Parking is allowed on Shasta and nearby streets. Do not park in unmarked parking spots; you will be towed.

COURSE: Competition will be conducted in an 8-lane 25-yard outdoor heated pool. Warm-up lanes will be available.

CERTIFICATION: In accordance with Article **202.4.10C**, the competition course has a pool depth of 6'7" at 3' 3.5" and 6'7" at 16' 5" at the start end. At the turn end it is 12' at 3' 3.5" and 12' at 16' 5". This pool has not been certified in accordance with 104.2.2C(4).

TIMES: Saturday and Sunday warm-ups begin no earlier than 7:30 AM and continue until 8:45 AM. The meet starts at 9:00 AM.

CHECK-IN: The meet will be deck seeded. Check-in tables will open at 7:30 AM and swimmers must check-in for the first four (4) events by 8:30 AM. Swimmers in later events must check-in at least 30 minutes before the estimated start of the event.

RULES: Current USA Swimming and Sierra Nevada Swimming rules will govern the meet, including warm-ups. All events are short course yards. All events are timed finals. **Swimmers will be limited to four (4) events per day.** Flyover starts may be used. In that event, swimmers are reminded to remain in the water at the conclusion of their heat until the following heat has started.

Swimmers then will have 15 seconds to exit the pool. **Events/Heats will be swum fastest to slowest.**

ELIGIBILITY: All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmer's memberships prior to the meet and, if valid, will be allowed to check-in and compete. Note that SNS does not allow swimmers to register for a USA Swimming Membership at the meet. Swimmers age 19 and over may enter 13-18 events but will not be scored. No minimum time standard is required to enter an event. According to 302.4 in the 2018 Rulebook and in effect now — If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, Member Coach or member club submitting the entry.

According to **202.4.10D**, "Any swimmer entered in the meet must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or must start each race from within the water. When accompanied by a Member-Coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."

N/T (no time) entries will not be accepted. If a swimmer has no official time for an event please estimate a time or ask swimmers Coach for estimated time to enter. Swimmers MAY enter events in which they have achieved the Sierra Nevada "AA" time standard published below but will compete as "Exhibition" only. Entered times will be verified using Swim Connection. Swimmers found to have already swum an "AA" time in an event will be entered as "EXHIBITION" and will not be awarded ribbons or be eligible for High Point Scoring. All Exhibition swims will receive official times and have those times entered into the USA Swimming database. "All swimmers in 8 and under age group are welcome to enter regardless of achieved time standard."

RESTRICTIONS: Smoking, tobacco products, and alcoholic beverages are not allowed in all areas of the meet venue. Glass containers and pets are not allowed in the pool area. No personal heaters will be allowed in the pool facility. According to 202.4.10J the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, Coaches, Officials and/or spectators are present, except when prior written approval by the Program Operations Vice Chair is granted.

SAFE SPORT: In furtherance of the USA Swimming athlete protection program, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography of any form (video, digital, cell phone, ipad, SLR camera) is not permitted behind the starting end at any time. The use of flash devices at the start is also prohibited. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Deck changes are prohibited.

WARM-UP RULES: The following rules apply to the warm up period before each session, and to warm-up/down during the meet:

- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry), except for starts, which are limited to specified lanes.
- If used, Lifeguards shall be on the pool deck during the entire warm up period.
- Up to 2 lanes can be used for pace 50's (Usually lanes 1 & 8) and up to 2 lanes for one-way sprints (Usually lanes 2 & 7).
- Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool)

- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- Swimmers are not allowed on the starting blocks when a backstroker is executing a start in the same sprint lane.
- The use of hand-paddles, kickboards, fins and other devices are not allowed during general warm-up. The use of hand-paddles at any time during which touch pads are installed is forbidden.

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming Member Coach during warm-up, competition, and warm-down. Any swimmer without a Coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet.

The Meet Referee, Meet Director or a designee may remove a swimmer, Coach, and/or Team from the deck for violations of these rules.

ENTRIES: The meet will be capped at 325 swimmers per day.

ONLINE ENTRIES: Enter at <https://ome.swimconnection.com/SN/DART20180505> to receive an immediate entry confirmation. Online entries close midnight, Thursday, April 26, 2018 unless the entry cap has been reached before this date or the 4-hour rule is exceeded. This method requires payment by credit card. Swim Connection LLC charges a procession fee for this service, equal to \$1 per swimmer plus 5% of the total entry fees.

ENTRY FEES: \$4.00 per event plus \$6.00 per swimmer pool surcharge. Deck entries, if the entry cap is not reached, will be \$5.00 per event plus a \$6.00 pool surcharge. Deck entries will be for time only and will not be awarded. NO REFUNDS.

AWARDS: Individual High-Point Awards will be given to the top boy and girl in the 6/U, 8 & under, 9-10, 11-12 and 13-18 age groups. Points will be awarded as follows (9-7-6-5-4-3-2-1) for 1st. through 8th. Ribbons will be awarded 1st through 8th for all age groups. 6 & Under swimmers competing in 8 & Under 25 yard events will be awarded separately. The 11-18 events will be seeded together by gender but awarded separately by age group (11-12, 13-18). 13-18 year olds will be awarded as one age group. 'A' Medals will be awarded to all swimmers achieving new 'A' times. Please pick-up award(s) at the meet, as no awards will be mailed.

ADMISSION: Free. No programs will be printed except for Coaches and Officials.

SNACK BAR: A snack bar will be available. Working Officials, Timers and Coaches will be served lunch and refreshments.

COACHES: All Coaches must have evidence of their USA Swimming certification cards on hand. Any Coach unable to present evidence of certification will not be allowed to coach on the Pool Deck. Programs will only be given to Coaches whose cards are visible. Those Coaches without evidence of certification who wish to remain at the competition must sit in the spectator area.

OFFICIALS: All working Officials are expected to display their active 2018 membership cards at the meet. Any Official or trainee unable to present evidence of certification will not be allowed to officiate. Dress for Officials is white shirts and blue pants/shorts/skirts and white tennis shoes. Official briefing sessions will be 30 minutes prior to the beginning of the meet.

Meet Referee: Ted Curley
 Head Starter: Scott Sewell
 Meet Director: Carolee Gregg caroleebgregg@gmail.com
 Admin Official: Stephanie Lapuz and Allison Appel

TIMERS: Clubs will be assigned Lanes. Timing is based on the SN Timing Policy. Number of timing chairs per Team is based on the formula – (number of swimmers on a team in the session [divided by] total number of swimmers in the session) which is then [multiplied by] NUMBER OF timing chairs. This number will be rounded to the nearest whole number. Host Team will supply Timers in the same ratio as the visiting Teams and is responsible for filling unassigned chairs. Assignments will be sent to participating Teams.

MINIMUM OFFICIALS RULE: Each Team shall, by the entry deadline, provide the Meet Referee a list of Officials who have agreed to represent their Team. Those Teams who have not provided sufficient Officials shall have all their swimmers treated as 'time only' swimmers for that session. See the chart below to identify the minimum number of Officials based on the number of entered swimmers from a Team.

Number of swimmers per Team entered in meet	# of trained and carded Officials required
0-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 and up	5

Summary of Events by Age Group

	6 and Under Events	8 and Under Events	10 and Under Events	11-12 Events	13-18 Events
SATURDAY, May 5	25 FLY 25 BACK	50 FREE 25 FLY 25 BACK	50 FREE 100 BACK 50 BREAST	50 FREE 50 BREAST 100 BACK	50 FREE 100 BACK 200 BREAST

		50 BREAST 100 IM	100 IM 100 FLY 200 FREE	200 BREAST 100 IM 100 FLY 200 FREE	100 FLY 200 FREE
SUNDAY, May 6	25 FREE 25 BREAST	100 FREE 25 FREE 50 FLY 25 BREAST 50 BACK	100 FREE 50 FLY 100 BREAST 50 BACK 200 IM	100 FREE 200 FLY 50 BACK 100 BREAST 200 BACK 50 FLY 200 IM	100 FREE 200 FLY 100 BREAST 200 BACK 200 IM

SATURDAY – May 5					SUNDAY – MAY 6				
GIRLS #	GIRLS 'AA' TIME	EVENT	BOYS' 'AA' TIME	BOYS #	GIRLS #	GIRLS 'AA' TIME	EVENT	BOYS' 'AA' TIME	BOYS #
1	(7-8) Open (9-10) 30.19	7-10 50 Free ²	(7-8) Open (9-10) 29.79	2	33	(7-8) Open (9-10) 1:07.29	7-10 100 Free ³	(7-8) Open (9-10) 1:07.19	34
3	(11-12) 27.89	11-12 50 Free	(11-12) 26.79	4	35	(11-12) 1:00.49	11-12 100 Free	(11-12) 58.29	36
5	(13-14) 26.79 (15-16) 26.39 (17-18) 26.99	13-18 50 Free	(13-14) 24.69 (15-16) 23.69 (17-18) 22.99	6	37	(13-14) 58.19 (15-16) 57.19 (17-18) 55.99	13-18 100 Free	(13-14) 53.89 (15-16) 51.69 (17-18) 50.39	38
7	Open	8-UN 25 FLY ¹	Open	8	39	Open	8-UN 25 FREE ¹	Open	40
9	35.39	11-12 50 BREAST	(11-12) 34.49	10	41	(11-12) 2:28.59 (13-14) 2:19.69 (15-16) 2:16.99 (17-18) 2:14.99	11-18 200 FLY ⁴	(11-12) 2:25.09 (13-14) 2:10.09 (15-16) 2:04.39 (17-18) 2:02.09	42
11	(13-14) 1:03.39 (15-16) 1:01.99 (17-18) 1:01.19	13-18 100 BACK	(13-14) 59.19 (15-16) 56.19 (17-18) 54.39	12	43	(7-8) Open (9-10) 34.39	7-10 50 FLY ²	(7-8) Open (10-UN) 33.69	44
13	(9-10) 1:15.59 (11-12) 1:08.39	9-12 100 BACK ³	(9-10) 1:15.69 (11-12) 1:06.09	14	45	(11-12) 31.49	11-12 50 BACK	(11-12) 30.89	46
15	Open	8-UN 25 BACK ¹	Open	16	47	(13-14) 1:12.89 (15-16) 1:11.39 (17-18) 1:10.59	13-18 100 BREAST	(13-14) 1:06.89 (15-16) 1:03.79 (17-18) 1:02.39	48
17	(11-12) 2:46.89 (13-14) 2:37.69 (15-16) 2:34.59 (17-18) 2:31.89	11-18 200 BREAST ⁴	(11-12) 2:40.09 (13-14) 2:26.49 (15-16) 2:18.59 (17-18) 2:15.99	18	49	(9-10) 1:27.49 (11-12) 1:16.99	9-12 100 BREAST ³	(9-10) 1:26.29 (11-12) 1:15.79	50
19	(7-8) Open (9-10) 39.89	7-10 50 BREAST ²	(7-8) Open (9-10) 39.19	20	51	Open	8-UN 25 BREAST ¹	Open	52
21	(11-12) 1:09.29	11-12 100 IM	(11-12) 1:06.19	22	53	(11-12) 2:25.09 (13-14) 2:17.39 (15-16) 2:14.79 (17-18) 2:12.49	11-18 200 BACK ⁴	(11-12) 2:21.79 (13-14) 2:09.09 (15-16) 2:03.09 (17-18) 2:00.09	54
23	(7-8) Open (9-10) 1:17.69	7-10 100 IM ²	(7-8) Open (9-10) 1:16.19	24	55	(7-8) Open (9-10) 34.99	7-10 50 BACK ²	(7-8) Open (9-10) 35.29	56
25	(13-14) 1:03.19 (15-16) 1:01.89 (17-18) 1:00.89	13-18 100 FLY	(13-14) 58.69 (15-16) 56.09 (17-18) 54.09	26	57	(11-12) 30.19	11-12 50 FLY	(11-12) 29.69	58
27	(9-10) 1:19.19 (11-12) 1:08.09	9-12 100 FLY ³	(9-10) 1:18.69 (11-12) 1:06.19	28	59	(13-14) 2:20.89 (15-16) 2:18.19 (17-18) 2:16.09	13-18 200 IM	(13-14) 2:11.39 (15-16) 2:05.49 (17-18) 2:03.29	60
29	(13-14) 2:05.79 (15-16) 2:03.09 (17-18) 2:02.09	13-18 200 Free	(13-14) 1:57.49 (15-16) 1:52.79 (17-18) 1:50.59	30	61	(9-10) 2:45.09	9-12 200 IM ³	(9-10) 2:43.59	62
31	(9-10) 2:28.29 (11-12) 2:12.39	9-12 200 Free ³	(9-10) 2:23.09 (11-12) 2:07.89	32	63	(11-12) 2:28.49	11-12 200 IM	(11-12) 2:24.19	64

¹ 6-UN and 7-8 will be swum together and awarded / scored separately
² 7-8 and 9-10 will be swum together and awarded / scored separately
³ 9-10 and 11-12 will be swum together and awarded / scored separately
⁴ 11-12 and 13-18 will be swum together and awarded / scored separately