



Sierra Nevada Swimming 14 & Under Short Course Championships

Hosted by Vacaville Swim Club
Invitational meet for registered swimmers of Sierra Nevada LSC only

March 6-8, 2020

Enter online at:



- SANCTION:** Held under USA Swimming/Sierra Nevada Swimming Sanction SNS20-12
In accordance with USA Swimming Rule (USA-S Rule) 202.4.9, "In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet on Meet Mobile.**
- SAFE SPORT** Pursuant to USA-S Rule 202.4.10H use of audio or visual recording devices, including a cell phone is not permitted in changing areas, rest rooms or locker rooms.
Sierra Nevada Swimming and the Vacaville Swim Club would like to further state that, "The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting end of the pool at any time." The use of flash devices at the start is also prohibited.
Pursuant to USA-S Rule 202.4.10I deck changes are prohibited.
According to 202.4.10J the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, Coaches, Officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.
All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- LOCATION:** **Walter Graham Aquatic Center**, 1100 Alamo Dr., Vacaville, CA. 95687
From eastbound Interstate 80: Alamo Drive Exit, stay to the right. Turn right at the second light, Marshall Rd. (at McDonald's). Pool and parking on the left. Westbound Interstate 80: Alamo Drive exit, stay to the right. Turn right at the light (Alamo Dr.) Turn right at the third light, Marshall Rd. (at McDonald's). Pool and parking are on the left.
PARKING: Free parking is available in designated areas of the Walter Graham Aquatic Center and the Three Oaks Community Center. Free overflow parking is available in the Golden Hills Plaza and on designated areas along Marshall Road. Do not park in the McDonald's and KFC plaza nor in the residential area across the street from the aquatic center. Please refer to the parking map for locations of designated parking areas.
- FACILITIES:** Outdoor, 10 lane, 25-yard pool, with deep gutters, and Kiefer lane lines. Separate warm up and cool down pool available during the meet.
Tents and canopies may be set up, and left overnight, in designation areas within the fenced are of the Walter Graham Aquatic Center and within the fenced tennis courts. If setting up tents and canopies on the tennis courts, a rubberized or cloth material is required on the feet or base of each leg to prevent scratching, denting and other types of damage to the court surface. Meet marshals will patrol the tennis court area to ensure the surface is properly protected. The Meet Director, Meet Referee or City of Vacaville Personnel have final say to tent / location – if you set up in an area which causes congestion or creates a nuisance, you may be asked to move. All tarps must be removed from the grass overnight. **Participant set-up will be allowed on Thursday, March 5th between 4:00 and 6:00 PM.**
- CERTIFICATION:** USA-S certification for the competition pool is not on file in accordance with USA-S Rule 104.2.2C(4). In accordance with USA-S Rule 202.4.10C, the competition course has a pool depth of 7 to 12 ft. at 3'3.5" and 7 to 12 ft. at 16' 5" at the start end. At the turn end it is 7 to 12 ft. at 3' 3.5" and 7 to 12 ft. at 16'5". The water depth of the separate warm-up lanes, in accordance with USA-S Rule 202.4.10C, has a pool depth of 3.5 ft. at 3' 3.5" and 3.5 ft. at 16' 5" at the start end. At the turn end it is 5.0 ft. at 3' 3.5" and at 16'5".
- RULES:** Current USA-S and Sierra Nevada Swimming rules will govern the meet.
- Sierra Nevada warm-up procedures will be in effect and a copy of the procedures will be posted at the meet.
 - All events are trials and finals format, except for all 8-Under events, 500 Free (10&Under Only), 1000 Free, 1650 Free and all relays.
 - **Swimmers are limited to a maximum of three (3) individual events per day, and by Sierra Nevada Swimming Rules are limited to a maximum of 7 individual events for the entire meet.**
 - **No converted times will be accepted.**
 - Those entries in excess of the above limitations will not be refunded.
 - All events are SHORT COURSE YARDS.

- There is no entry cap for this meet – all swimmers with qualifying times will be able to enter this meet, so long as entries are submitted within the entry window.
- Any swimmer entered in the meet must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- In accordance with USA-S Rule 202.4.10D when unaccompanied by a Member-Coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

WARM-UP RULES:

The following rules apply to the warm up period before each session, and to warm-up/down during the meet:

- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry), except for starts, which are limited to specified lanes.
- Lifeguards will be positioned on the pool deck during the entire swim meet. Lifeguards are present to monitor and provide assistance as needed.
- Marshals will be in place during warmups and the meet.
- Up to 2 lanes can be used for pace 50's (Usually lanes 1 & 10) and up to 2 lanes for one-way sprints (Usually lanes 2 & 9).
- Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool)
- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- Swimmers are not allowed on the starting blocks when a backstroke swimmer is executing a start in the same sprint lane.
- The use of hand-paddles, kickboards, fins and other devices are not allowed during general warm-up. The use of hand-paddles at any time during which touch pads are installed is forbidden.

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming Member Coach during warm-up, competition, and warm-down. Any swimmer without a Coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Swimmers that are observed being warmed-up or being started by anyone other than a registered Coach, will be removed from all events for the day.

The Meet Referee, Meet Director or a designee may remove a swimmer, Coach, and/or Team from the deck for violations of these rules.

ELIGIBILITY:

All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmers' memberships prior to the meet and, if valid, will be allowed to check-in and compete. Note that SNS does not allow swimmers to register for a USA Swimming Membership at the meet. The Club will be fined \$100 for every entered swimmer that shows unregistered on a Registration Recon five (5) days prior to the meet. Flex members needing to upgrade to Premium will be exempt from the fine, however will need to be upgraded prior to the start of the meet to be eligible to swim.

According to 302.3 - If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, Member Coach or Member Club submitting the entry.

MEET FORMAT:

THIS MEET WILL BE PRE-SEEDED PRELIMS/FINALS: All swimmers are automatically checked into their events for which they are registered. If a swimmer is registered for more than 3 events in a day, they must scratch any additional events prior to the scratch deadline. If a swimmer fails to scratch out of any additional events, they will be checked into the first 3 events they are registered for the day and scratched out of any additional events.

PRELIMS: The last three heats of each event will be circle seeded with the exception of the events previously noted as timed finals. **Any swimmer who fails to compete in an individual preliminary event in which they are seeded will be barred from all further individual events of that day.** According to Sierra Nevada Rules, at SNS Spring Championships and Summer Championships, if a swimmer misses an individual event they are barred from competing in any further individual events for that day from their missed event and on. They are still allowed to compete in the team relays for that day. Swimmers have 30 minutes after results of preliminaries are announced to scratch from final's competition. A swimmer may (on the same deadline) declare his/her intention to scratch pending result announcements of their subsequent event in the prelims (not including the 1000 Free and 1650 Free) but must notify the Administrative Referee of their final intentions within thirty (30) minutes following the announcement of their last individual preliminary, **207.11.6E(2).**

PRELIMINARY EVENTS WITH 10 OR LESS SWIMMERS ENTERED: If ten (10) swimmers or less check in for a particular event, those swimmers shall compete in the prelims and the finals of that event. **102.5.1A(1)** If there is only one heat, it shall be swum as scheduled during the preliminaries and finals.

FINALS: Finals will not begin any sooner than 90 minutes after the end of prelims (relay events included), not including the 1650 Free and 1000 Free. There will be one heat of the top ten swimmers. Swimmers will be seeded in the finals unless they are scratched. A swimmer must swim finals in order to receive points or an award. Any swimmer qualifying for a final that fails to compete shall be barred from further competition for the remainder of the meet except as noted in USA Swimming rules. USA Swimming Scratch Rule **#207.11.6E** will be used at this meet.

DISTANCE EVENTS: The 500 Free (10-U only), 1000 Free and 1650 Free will compete as timed finals. The 1000 Free and 1650 Free will be swum 11-Up, but awarded as separate age groups. The 1000 Free and 1650 Free will be swum fastest to slowest, one swimmer per Lane, and after a 10-minute break following the relay events. The 1000 Free will alternate girls and boys. **Swimmers in the 1000 Free and 1650 Free will be required to provide their own Timers (2 are preferred), Lap Counter and lap counting device.**

**CHECK-IN/
SCRATCHES:**

The scratch deadline for **Friday's** events is **Thursday, March 5, 2020 at 5:00 PM**. The scratch deadline for Saturday and Sunday's preliminary events shall be (30) thirty minutes after the time established for the start of the finals sessions and shall be done with Administrative Referee or designee

SCRATCH RULES:

- In meets holding trials and finals, once seeded and not scratched, the swimmer will be treated as entered as stated in **207.11.6C**. **207.11.6C** states that, "In all events where preliminary heats are necessary, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they are entered and have not been scratched in accordance to the modified version of rule 207.11.6A and 207.11.6B of the Rules and Regulations will be barred from all further individual and relay events of that day." Sierra Nevada Swimming is modifying this rule to state, "According to Sierra Nevada Rules, at SNS Spring and Summer Championships, if a swimmer misses an individual event they are barred from competing in any further individual events for that day from their missed event and on. They are still allowed to complete in the team relays for that day."
- Additionally that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares their intent to swim prior to the close of seeding for the next day's events.
- Any swimmer qualifying for a final race in an individual event who fails to compete in that event shall be barred from further competition for the remainder of the meet except as noted in the USA Swimming Rules and Regulations (**207.11.6E**).

To scratch any of Friday's events only, please have your Coach email lexieinsogna@gmail.com prior to the deadline. This email must come from your Coach and not individual swimmers or their parents.

TIMES:

	Warm ups	Meet Begins	*Finals Warm-up	*Finals Begins
Friday	7:30 AM	9:00 AM	*4:00 PM	*5:00 PM
Saturday	7:30 AM	9:00 AM	*4:00 PM	*5:00 PM
Sunday	7:30 AM	9:00 AM	*4:00 PM	*5:00 PM

***Finals Start Times are estimates, they will be determined at the coaches meeting each day**

Competition pool will close for warm-up at 8:45 AM.

Finals will not begin any sooner than 90 minutes after the end of prelims (relay events included), not including the 1650 Free and 1000 Free.

During Prelims there will be a 10 minute break after relays and before distance events.

During Finals there will be a 5 minute break after the 500 Free events on Saturday/Sunday.

ENTRY FEES:

The meet entry fee is **\$6.00** per event, plus **\$14.00** per swimmer pool charge. \$9.00 per Relay Team per event. Make checks payable to **Vacaville Swim Club**.

ENTRIES:

RELAYS: All Team relays for the entire meet must be submitted and payment received by the entry deadline via Swim Connection or a HY-TEK entry file. If a relay is scratched prior to the scratch deadline, Teams may request a refund. No refunds will be given if a relay is scratched after the scratch deadline. There will be no deck entry of relays. In addition, all relay only swimmers must enter the meet and pay the pool surcharge by 11:59PM on 3/1/2020 . Relays: A Team may enter no more than 2 relays in each event and both A and B relays may score.

INDIVIDUAL: According to Rule **102.2.2**, where it states, "In a preliminaries and finals meet a swimmer may compete in not more than three (3) individual events per day." **Age group swimmers in 10-U, 11-12 and 13-14** are limited to compete in a maximum of 3 individual events per day, and by Sierra Nevada Swimming Rules are limited to a maximum of 7 individual events for the entire meet. **Refunds will not be given to those swimmers who enter more than 3 individual entries per day.** According to Sierra Nevada Swimming Rules, the **8-U age group** is limited to compete in a maximum of 7 individual events for the entire meet and no more than 4 events on any given day. **Refunds will not be given to those 8-U age group swimmers who have to scratch down to the maximum of 7 individual events for the entire meet.**

ENTRIES: There is no entry cap for this meet – all swimmers with qualifying times will be able to enter this meet, so long as entries are submitted within the entry window. Enter at: <http://ome.swimconnection.com> to receive an immediate entry confirmation. **Online entries will open on Sunday, February 23th, 2020 after the SNS Last Chance Qualifier (Hosted by SASO) & Fast & Fun Tri-Meet (Hosted by WAC) meet results have been posted to Swim Connection. Entries will close on Saturday, February 29, 2020 at 12:00 PM. There are no deck entries at this meet.** This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% times the amount of the Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees.

ADMISSION:

Free. Programs will not be sold at this event. The meet will be available on Meet Mobile and electronic versions of the psych sheet. Preliminary and finals heat sheets will be available on the Sierra Nevada website under the calendar event for the meet. No printed versions will be available for sale at the meet.

In cooperation with the City of Vacaville and the Walter Graham Aquatic Center, Vacaville Swim Team representatives or an Official from Sierra Nevada Swimming has the right to refuse entry or remove individuals from the facility if displaying inappropriate or suspicious behavior.

AWARDS**INDIVIDUAL & RELAY:**

- Individual events will be awarded medals 1st through 10th place.
- Relay events will be awarded medals 1st through 3rd place.

TEAM AWARDS:

1st through 3rd place in each division. Large, Medium, and Small Team Divisions will be based on the number of individual events entered by a team.

INDIVIDUAL HIGH POINT AWARDS & "A" MEDALS:

- 1st -3rd place individual High Point winners in each age group, male and female, will receive an award.
- "A" Medals will be awarded to those swimmers achieving a new "A" time at the meet.

Please note – 8-Under Swimmers may choose to swim in 8-Under events and/or 10&Under events. Points achieved in the 10&Under events can only be scored in the 10&Under category. Scores for the 8&Under High-Point award will only be tabulated from the designated 8&Under events.

	Individual Point Distribution									
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
Individual Finals:	11	9	8	7	6	5	4	3	2	1
Relays:	22	18	16	14	12	10	8	6	4	2

SNACK BAR & HOSPITALITY:

Local food trucks will be stationed in the parking lot adjacent to the swim venue during prelims on Friday, Saturday and Sunday. Light refreshments will be served to all timers. Coaches and Officials will be served refreshments, breakfast, lunch and dinner on Friday, Saturday and Sunday.

COACHES:

All Coaches must have evidence of their USA Swimming Certification and will be required to check in with the Clerk of Course or Check-in table at the meet to show proof. Upon such proof, Coaches will receive any necessary meet paperwork and identifying mark (wrist band, etc.) of clearance that must be displayed while on deck. Coaches unable to present evidence of certification will not be allowed to coach on the Pool Deck and the Coach and Club will be each fined \$100. Those Coaches without evidence of certification who wish to remain at the competition must sit in the spectator area. Psych sheets will be posted to Sierra Nevada Swimming Team Unify Website on Thursday prior to the meet

OFFICIALS:

Meet Referee: **Melissa Szpik Serrao**
 Head Starter: **Thad Winzenz**
 Admin Referee: **Dominique Parke**
 Chief Judge: **Jason Shibata**
 Computer Lead: **Lexie Insogna**
 Meet Director: **Morgan Doran** mpdoran@ucanr.edu

OFFICIAL'S DRESS:

All Certified Officials with current USA Swimming registration from any LSC are welcome to work this meet. At the meet, all working Officials must display their 2020 USA Swimming Membership/Certification Card, with the Background Check, Athlete Protection Training and Concussion Course expiration dates showing on the card. Trials and Finals dress for all Officials will be white polo shirts, navy blue pants/shorts/skirts and white tennis shoes. Shorts will not be allowed for finals. This dress is weather permitting, otherwise come dressed to stay warm and dry.

OFFICIALS BRIEFINGS:

Schedule of Official's Briefings:
 Official's Briefing for Prelims on Friday, Saturday and Sunday begin at 7:45 AM (required for all officials). Official's Briefing for Finals on Friday and Saturday begin at 4:30 PM and on Sunday begins at 4:00 PM (required for all Officials).

One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of entries against the number of Officials present representing each Team. Those Teams who have not provided sufficient Officials shall have all their swimmers treated as "time-only swimmers" in all aspects of that session.

MINIMUM OFFICIALS RULE:

Each Team shall, by the entry deadline, provide to the Meet Director or designee a list of Officials who have agreed to represent their Team during the meet, in accordance with the following table:

Number of a Team's swimmers entered in meet	Number of trained and carded Officials required
0-10	0
11-25	1
26-50	2
51-75	3
76-100	4
>100	5

TIMERS:

Clubs will be assigned Lanes during Prelims. Timing is based on the SN Timing Policy. Number of timing chairs per Team is based on the formula – (number of swimmers on a Team in the session [divided by] total number of swimmers in the session) which is then [multiplied by] NUMBER OF timing chairs. This number will be rounded to the nearest whole number. Host Team supplies Timers in the same ratio as the visiting Teams and is responsible for filling unassigned chairs. Assignments will be sent to participating Teams. For Finals we will need help from all Teams that are attending finals.

RESTRICTIONS: Smoking and the use of other tobacco products are prohibited at the Walter Graham Aquatic Center. Anyone desiring to smoke or use other tobacco products must leave the facility to do so. The sale and use of alcoholic beverages are prohibited in all areas of meet venue. Glass containers as well as pets are not allowed in the pool area. Personal propane heaters will not be allowed inside the facility.

ORDER OF SEEDING:

Events will be seeded as follows:

- All times earned previously, whether they are meters, yards or short course meters will be acceptable if they meet the minimum entry times.
- In seeding these times, the conforming times **yards** will be arranged in time order.
- In a **short** course championship meet, the non-conforming short course meter times will be arranged in time order next, followed by non-conforming **meters** times.
- After arranging the times as provided above, the event will be seeded in normal fashion. Technical rule: 207.11.7B

Order of Events and Qualifying Times

Friday, March 6th								Sunday, March 8th							
G#	Time Standard		Age Group	Event	Time Standard		B#	G#	Time Standard		Age Group	Event	Time Standard		B#
	SCY	LCM			SCY	LCM			SCY	LCM			SCY	LCM	
1	5:56.79	6:48.29	11-12	400 IM	5:46.39	6:39.39	2	37	6:35.89	5:41.89	11-12	500 Free			
3	5:25.49	6:14.79	13-14	400 IM	5:17.39	6:04.69	4	39	5:53.89	5:14.89	13-14	500 Free			
5	1:04.79	1:14.69	11-12	100 Free	1:05.89	1:15.39	6	41	7:35.49	6:47.89	10-U	500 Free			
7	1:00.69	1:06.89	13-14	100 Free	58.49	1:05.99	8	79	2:45.59	3:08.49	11-12	200 IM	2:44.19	3:09.29	80
9	2:52.39	3:06.19	10-U	200 Free	2:47.99	3:12.09	10	81	2:29.29	2:46.99	13-14	200 IM	2:26.39	2:44.99	82
11	33.99	37.89	11-12	50 Fly	34.19	38.69	12	83	3:15.59	3:33.29	10-U	200 IM	3:13.19	3:40.79	84
13	1:39.09	1:52.99	10-U	100 Fly	1:37.99	1:51.39	14	85	1:18.29	1:28.49	11-12	100 Fly	1:16.49	1:26.29	86
15	1:17.89	1:29.09	11-12	100 Back	1:15.79	1:29.09	16	87	1:09.79	1:18.09	13-14	100 Fly	1:06.39	1:15.49	88
17	1:10.39	1:20.59	13-14	100 Back	1:06.89	1:18.29	18	89	41.19	45.49	10-U	50 Fly	40.49	45.99	90
19	41.89	46.99	10-U	50 Back	42.39	49.19	20	91	21.89	n/a	8-U	25 Fly	22.89	n/a	92
21	3:08.59	3:36.09	11-12	200 Breast	3:00.99	3:28.69	22	93	39.99	45.49	11-12	50 Breast	39.59	45.39	94
23	2:54.49	3:22.39	13-14	200 Breast	2:45.59	3:11.59	24	95	2:12.69	2:26.09	13-14	200 Free	2:06.19	2:24.19	96
25	1:44.79	1:56.49	10-U	100 Breast	1:41.39	1:57.69	26	97	2:24.49	2:41.89	11-12	200 Free	2:24.59	2:44.99	98
27	n/a	n/a	11-12	400 Med Relay	n/a	n/a	28	99	1:18.09	1:25.18	10-U	100 Free	1:18.29	1:29.89	100
29	n/a	n/a	13-14	400 Med Relay	n/a	n/a	30	101	23.59	n/a	8-U	25 Back	24.29	n/a	102
31	12:51.69	11:35.69	11-12	1000 Free	12:42.89	11:30.99	32	103	30.09	33.79	11-12	50 Free	30.19	34.49	104
	12:01.69	10:47.99	13-14		11:36.39	10:29.39		105	27.99	31.19	13-14	50 Free	26.79	30.39	106
								107	42.39	47.99	8-U	50 Free	43.09	49.39	108
								109	n/a	n/a	11-12	200 Free Relay	n/a	n/a	110
								111	n/a	n/a	13-14	200 Free Relay	n/a	n/a	112
33	n/a	n/a	11-12	400 Free Relay	n/a	n/a	34	113	n/a	n/a	10-U	200 Free Relay	n/a	n/a	114
35	n/a	n/a	13-14	400 Free Relay	n/a	n/a	36				11-12	1650 Free	21:23.59	22:14.19	78
			11-12	500 Free	6:27.49	5:48.69	38				13-14		19:15.69	19:55.69	
			13-14	500 Free	5:56.49	5:15.59	40								
			10-U	500 Free	7:26.99	6:44.59	42								
43	2:43.99	3:10.19	11-12	200 Back	2:40.29	3:06.49	44								
45	2:28.99	2:53.19	13-14	200 Back	2:25.89	2:49.69	46								
47	1:30.69	1:40.59	10-U	100 Back	1:29.69	1:43.59	48								
49	1:27.39	1:41.39	11-12	100 Breast	1:25.49	1:38.49	50								
51	1:19.79	1:32.69	13-14	100 Breast	1:15.59	1:28.09	52								
53	47.79	53.39	10-U	50 Breast	46.59	54.29	54								
55	26.19	n/a	8-U	25 Breast	27.89	n/a	56								
57	2:47.89	3:10.19	11-12	200 Fly	2:43.99	3:07.69	58								
59	2:37.89	2:59.49	13-14	200 Fly	2:26.99	2:49.19	60								
61	34.79	37.89	10-U	50 Free	34.49	39.19	62								
63	19.29	n/a	8-U	25 Free	19.29	n/a	64								
65	1:16.29	n/a	11-12	100 IM	1:14.99	n/a	66								
67	1:27.79	n/a	10-U	100 IM	1:29.39	n/a	68								
69	35.59	41.09	11-12	50 Back	35.29	40.89	70								
71	n/a	n/a	13-14	200 Med Relay	n/a	n/a	72								
73	n/a	n/a	11-12	200 Med Relay	n/a	n/a	74								
75	n/a	n/a	10-U	200 Med Relay	n/a	n/a	76								
77	21:39.59	22:20.69	11-12	1650 Free											
	20:02.99	20:39.79	13-14												

Saturday Note: All Boys 500 Free events will be contested on Saturday. The prelims for events 38, 40, and 42 will be contested in consecutive order following event 36. Events 38 and 40 (42 is a timed final and will be only swum in the morning) will start the finals session on Saturday and be swum in consecutive order. There will be a 5 minute break after event 40. Additionally, the Girls 1650 Free (event 77) will be contested at the conclusion of the morning prelims, after event 76.

Sunday Note: All Girls 500 Free events will be contested on Sunday. The prelims for events 37, 39, and 41 will start the morning session on Sunday and be swum in consecutive order. Events 37 and 39 (41 is a timed final and will be only swum in the morning) will start the finals session on Sunday and be swum in consecutive order. There will be a 5 minute break after event 39. Additionally, the Boys 1650 Free (event 78) will be contested at the conclusion of the morning prelims, after event 114.