

Vacaville Swim Club
Short Course BB+/- Meet
February 5, 6 & 7 2010

SANCTION

Held under USA Swimming-Sierra Nevada Swimming Sanction Number 05-10

**LOCATION/
DIRECTIONS**

Walter Graham Aquatic Center (formerly Three Oaks), 1100 Alamo Dr., Vacaville, CA.
From Eastbound Interstate 80: Alamo Drive Exit, stay to the right. Turn right at the second light, Marshall Rd. (McDonald's). Pool and parking on the left. Westbound Interstate 80: Alamo Drive exit, stay to the right. Turn right at the light (Alamo Dr.) Turn right at the third light, Marshall Rd. (McDonald's). Pool and parking is on the left.

FACILITIES

Outdoor, 10 lane, 25-yard pool, with deep gutters, and Keifer lane lines. Separate warm up and cool down pool available during the meet. The competition course has not yet been certified in accordance with USA Swimming rule 104.2.2c(4).

TIME

THIS IS A SPLIT SESSION MEET

	Warm ups	Meet Begins
Friday	4:30 pm	5:30 pm
Saturday and Sunday <i>11 and up</i>	7:30 am	9:00 am
Saturday and Sunday <i>10 and under</i>	No earlier than 1:00 pm and one half hour before the meet.	No earlier than 1:30 pm

ELIGIBILITY

All swimmers must have a current USA Swimming and Sierra Nevada Swimming registration card. Swimmers entering as *Pending or Applied-For* will be required to present their proof of registration or register before checking in.

RULES

Current USA Swimming and Sierra Nevada Swimming rules will govern the meet. The meet will be deck seeded and swum as Timed Finals. Swimmers may enter up to five (5) events per day.

RESTRICTIONS

The use of tobacco products or alcohol consumption is prohibited in all swimmer-designated areas, including the pool deck and locker rooms. Animals are not permitted in any of the swimmer-designated areas. No personal propane heats allowed on deck.

CHECK-IN

The swimmer must check in each day for their session. Swimmers in the first four events of their session must check in no later than 30 minutes prior to start of session. Swimmers in later events must check in at least one (1) hour before the anticipated start of their event.

ENTRIES

All entries must be submitted on standard Sierra Nevada Consolidated Entry Cards. The Consolidated Entry Card may be reproduced using a copy of the enclosed sample and shall be filled out completely, including first and last name of swimmer, age on the first day of the meet, 2010 registration number and best Short Course times. "No Time" entries will be accepted.

This meet will be capped at 170 10 and under and 280 11 and older swimmers; this number is regardless of postmark. Entries received after the cap is reached will be returned.

ONLINE ENTRIES

Enter at: <http://swimconnection.com/sn/meet/vaca> to receive an immediate entry confirmation. Online entries close Monday, January 25, 2010 at Midnight. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% times the amount of the entry free. Please note that the processing fee is separate from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry.

**ENTRY
DEADLINE**

By Mail: Must be postmarked by midnight, Monday, January 25, 2010. *Entries postmarked after that date will not be accepted.*

Mail entries to:

Meet Director
P.O. Box 122
Vacaville Ca. 95696

By Hand: Between 5:00 pm and 7:00 pm, at the Aquatic Center Pool by Thursday, January 28, 2010.

Fax or telephone entries will not be accepted.

For Entry Confirmation: Include a self-addressed stamped envelope with your entry form. *No other form of confirmation will be provided.*

ENTRY FEES

\$3.00 per event per swimmer, \$3.25 per event for Deck Entries. \$5.00 participation fee per swimmer, including deck entries. No refunds will be given unless mandatory scratch down is in effect. Swimmers will be notified at check-in and refunded at the scratch down desk.
Make checks payable to: **VACAVILLE SWIM CLUB**

DECK ENTRIES

Deck entries will be allowed provided the cap has not been reached and/or timeline has not been exceeded. Deck entries will be seeded but not awarded.

DISTANCE

The 500 freestyle and the 1650 freestyle events may be swum two per lane, as designated by the head referee. The 400 IM, 500 Free and 1650 Free will be seeded fastest to slowest alternating girls and boys. Swimmers must provide their own timers and lap counters.

AWARDS

Medals for 1st through 3rd place and ribbons for 4th through 8th place awarded for age groups 6 & under, 7, 8, 9, 10, 11, 12, 13, 14, 15-16 and 17-18. "A" Medals will be awarded to all swimmers achieving a new "A" time.

MINIMUM OFFICIALS RULE

Each team shall, by the entry deadline, provide to the meet or the meet director's designee a list of officials who have agreed to represent that team during the conduct of the meet. Those teams who have not provided sufficient officials shall have all their swimmers treated as "time only" swimmers in all respects for that session. If there are not sufficient officials to conduct the meet at the planned number of lanes, the number of seeded lanes shall be reduced to meet the number of officials present. If the minimum number of officials cannot be achieved, the session shall be canceled.

Additional: Clubs will be assigned lanes for timing.

Number of swimmers entered in meet per team	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
> 100	5

ADMISSION

Free! Three-day programs for the meet will be available for \$4.00.

SNACK BAR

A complete snack bar will be available. Coaches and officials will be served refreshments and a special lunch on Saturday and Sunday. Lunches may be purchased by swimmers and parents from the snack bar.

OFFICIALS

Referee: Niffy and Mark Carmody

Starter: Dave Riggert

Meet Directors Glenn Abernethy and Scott Maynard

Overnight Accommodations

Holiday Inn Express (707) 451-3500 Motel 6 (707) 447-5550
Fairfield Inn/ Marriott (707) 469-0800 Best Western (707) 448-8453
**All are Vacaville locations

SCHEDULE OF EVENTS

FRIDAY – February 5, 2010

Session 1			
Girls Event #	Boys Event #	Age Group	Events
101	102	9 and 10	500 FREE
103	104	11 and up	1650 FREE

Saturday – February 6, 2010

Session 2			
1	2	11-12	200 Free
3	4	11 and up	200 IM
5	6	11-12	50 Fly
7	8	11 and UP	200 Fly
9	10	11-12	100 Back
11	12	13 - 18	100 Back
13	14	11-12	50 Breast
15	16	11 and up	200 Breast
17	18	11-12	50 Free
19	20	13-18	100 Free
21	22	Open	500 Free

Sunday - February 7, 2010

Session 4			
43	44	11-12	100 IM
45	46	13-18	200 Free
47	48	11-12	100 Fly
49	50	13 - 18	100 Fly
51	52	11-12	50 Back
53	54	11 and up	200 Back
55	56	11-12	100 Breast
57	58	13 - 18	100 Breast
59	60	11-12	100 Free
61	62	13-18	50 Free
63	64	Open	400 IM

Half Hour Between Sessions

Session 3			
Girls Event #	Boys Event #	Age Group	Events
23	24	8 and Under	100 Free
25	26	10 and Under	200 Free
27	28	8 and Under	25 Fly
29	30	10 and Under	50 Fly
31	32	8 and Under	50 Back
33	34	10 and Under	100 Back
35	36	8 and Under	25 Breast
37	38	10 and Under	50 Breast
39	40	8 and Under	50 Free
41	42	10 and Under	50 Free

Half hour between Sessions

Session 5			
Girls Event #	Boys Event #	Age Group	Events
65	66	8 and Under	100 IM
67	68	10 and Under	100 IM
69	70	8 and Under	50 Fly
71	72	10 and Under	100 Fly
73	74	8 and Under	25 Back
75	76	10 and Under	50 Back
77	78	8 and Under	50 Breast
79	80	10 and Under	100 Breast
81	82	8 and Under	25 Free
83	84	10 and Under	100 Free