



CVA March Invitational
Hosted by Central Valley Aquatics of Turlock
March 6-7, 2010



- SANCTION:** Held under USAS/Sierra Nevada Sanction **07-10**
- LOCATION:** Pitman High School pool, 2525 W. Christoffersen Pkwy, Turlock, CA.
From 99 take Monte Vista exit east. Turn left (north) on Golden State Blvd., turn right (east) at stop sign (Roberts Rd), turn left (north) on Mountain View Rd., cross Christoffersen Pkwy., turn into first school parking entrance. Park in main parking lot; pool is north of main building (two story building).
- COURSE:** Outdoor 25-yard 13-lane pool. Warm-up/warm-down lanes are available in competition pool.
- TIME:** Warm-ups begin at 7:30 am and close at 8:45 am, and the meet will begin at 9:00 am.
- RULES:** Current USAS and SNS rules will govern the meet. Sierra Nevada warm-up procedures will be in effect and a copy of the procedures will be posted at the meet. All events are short course yards. All events are timed finals. **Swimmers are limited to five (5) individual events per day.**
- ELIGIBILITY:** All swimmers must have a current USAS registration card and must enter the number on their entry cards. Swimmers who enter as "pending" or "applied for" must be prepared to present their current registration card or a copy, or register before being allowed to check in.
- CHECK-IN:** The meet will be deck seeded. All swimmers, or their coach or parent, must check-in prior to the close of their event. Check-in for the first 6 events each day will close at 8:30 a.m. Check-in for the next 10 events each day will close at 9:00 a.m. Check-in for all remaining events each day will close at 10:00 a.m.
- ENTRIES:** The meet will be capped at 250 swimmers. Entries must be on a S.A.M.M.S. consolidated card or facsimiles and must be postmarked no later than February 22, 2010 or hand delivered by February 25, 2010. Deck entries will be accepted and will be scored, if the cap is not reached.
Each swimmer is limited to a maximum of five (5) individual events per day.
- Entry Chairperson
4382 Pasadera Way
Turlock, CA 95382**

Online Meet Entries:

Enter at <http://ome.swimconnection.com> to receive immediate entry confirmation. Online entry confirmation means your child is a registered swimmer for the meet. Online entries close February 25, 2010, unless the cap has been reached before this date. Swim Connection LLC charges a processing fee for this service. Please note that the processing fee is a separate fee from Entry Fees.

SCRATCH-DOWN:

If the projected timeline exceeds the intent of the 4 hour rule, for either day, the meet referee shall announce a mandatory scratch-down. If a scratch-down is called for, all swimmers entered in more events than the announced limit for that day will have to scratch one or more events until they reach the announced limit. Swimmers who have to scratch down will receive a \$3.00 snack bar voucher for each event scratched, redeemable at the snack bar as cash and/or goods.

ENTRY FEES: \$3.00 per event (this includes \$.75 for age group travel fund, \$.50 for senior travel fund, and \$0.50 for SNS), plus \$5.00 per swimmer surcharge (for pool use). If the entry limit has not been reached, the meet director may allow deck entries at \$3.50 per event. **Make checks payable to Central Valley Aquatics (or CVA).**

ADMISSION: There will be no admission fee. Programs will be available for \$4.00

MISCELLANEOUS: A snack bar will be available. Lunch and refreshments will be served to all working officials and coaches. Officials and coaches must wear their membership cards in a visible location.

AWARDS: "A" Medals will be awarded to all swimmers achieving a new "A" times. Ribbons will be awarded to 1st through 6th place in individual events. 8 & Unders swimming in 10 & Under events will not be awarded separately. The 13 & Over age group will be awarded as 13-14, 15-16, and 17-18. Swimmers 19 and over will not receive awards. All "Open" events will be awarded as 12 and under, and 13-18. **Awards will be available for pickup by the coaches, or a team representative, at the end of the meet. Awards will NOT be mailed.**

Distance Events: Swimmers are responsible for providing their own timer and counter for the 500 Free and the 1650 Free. Distance events will be awarded as 12 and under, and 13 and over.

RESTRICTIONS: Smoking, alcoholic beverages and glass containers are not allowed in the pool area or on the school grounds.

OFFICIALS: Referee: Paul Reidl Head Starter: Roger Young Meet Director: C.A. Russell
carussell@prodigy.net

Lodging Information: (all less than 2 miles from pool)

Holiday Inn Express
3001 Hotel Drive
Turlock, CA 95380
877-863-4780

Fairfield Inn & Suites Turlock
3301 Countryside Drive
Turlock, CA 95380
209-668-3800

Best Western Orchard Inn
5025 N Golden State Blvd
Turlock, CA 95382-9552
209-667-2827

Restaurants: Dozens of popular restaurants within walking distance of hotels

PROVIDING OFFICIALS: All teams must follow Sierra Nevada rules regarding officials. Each team shall by the entry deadline, provide to the meet director a list of officials who have agreed to represent that team during the conduct of the meet. See the chart below to identify the minimum number of officials based on the number swimmers from each team. Teams which do not provide the required number of officials will swim for time only and will not receive awards.

The Uniform Requirements for ALL Officials will be: For timed finals the requirements are: white tops on navy blue pants/shorts/skirts and white shoes. Denim pants, shorts, and skirts are not permitted during any session.

Number of swimmer per team entered in meet	Number of trained and carded officials required
0 - 10	0
11 - 25	1
26 - 50	2
51 - 75	3
76 - 100	4
101 and up	5

Order of Events

Saturday, March 6, 2010

Girls		Boys	Event Name
Event #	Event #		
1	2		13 & Over 200 Freestyle
3	4		11-12 200 Freestyle
5	6		9-10 200 Freestyle
7	8		8 & Under 100 Freestyle
9	10		13 & Over 200 Backstroke
11	12		11-12 100 Backstroke
13	14		9-10 100 Backstroke
15	16		8 & Under 50 Backstroke
17	18		13 & Over 100 Butterfly
19	20		11-12 100 Butterfly
21	22		9-10 50 Butterfly
23	24		8 & Under 50 Butterfly
25	26		13 & Over 200 Breaststroke
27	28		11-12 200 Breaststroke
29	30		9-10 100 Breaststroke
31	32		8 & Under 50 Breaststroke
33	34		Open 400 IM
35	36		10 & Under 200 IM
37	38		13 & Over 50 Freestyle
39	40		11-12 50 Freestyle
41	42		9-10 50 Freestyle
43	44		8 & Under 50 Freestyle
45	46		Open 500 Freestyle

Sunday, March 7, 2010

Girls		Boys	Event Name
Event #	Event #		
47	48		13 & Over 100 Freestyle
49	50		11-12 100 Freestyle
51	52		9-10 100 Freestyle
53	54		8 & Under 25 Freestyle
55	56		13 & Over 100 Backstroke
57	58		11-12 50 Backstroke
59	60		9-10 50 Backstroke
61	62		8 & Under 25 Backstroke
63	64		13 & Over 200 Butterfly
65	66		11-12 50 Butterfly
67	68		9-10 100 Butterfly
69	70		8 & Under 25 Butterfly
71	72		13 & Over 100 Breaststroke
73	74		11-12 100 Breaststroke
75	76		9-10 50 Breaststroke
77	78		8 & Under 25 Breaststroke
79	80		13 & Over 200 IM
81	82		11-12 200 IM
83	84		10 & Under 100 IM
85	86		Open 1650 Freestyle

Event Summary

Saturday March 6, 2010

<u>8-UN</u>	<u>9-10</u>	<u>11-12</u>	<u>13 & Over</u>	Open
100 Free	200 Free	200 Free	200 Free	400 I.M. (11 and Over)
50 Back	100 Back	100 Back	200 Back	500 Free (9 and Over)
50 Fly	50 Fly	100 Fly	100 Fly	
50 Breast	100 Breast	200 Breast	200 Breast	
50 Free	200 I.M.	200 I.M.	400 IM	
	50 Free	50 Free	50 Free	

Sunday March 7, 2010

<u>8-UN</u>	<u>9-10</u>	<u>11-12</u>	<u>13 & Over</u>	<u>Open</u>
25 Free	100 Free	100 Free	100 Free	1650 Free (11 and Over)
25 Back	50 Back	50 Back	100 Back	
25 Fly	100 Fly	50 Fly	200 Fly	
25 Breast	50 Breast	100 Breast	100 Breast	
100 I.M.	100 I.M.	200 I.M.	200 I.M.	