Pacific Swimming's



# 10 & Under Short Course Championships

Saturday April 28, 2012

Host: Sunnyvale Swim Club (SUNN)

Enter online: <u>http://ome.swimconnection.com/pc/sunn20120428</u>

Meet Information Site: <a href="https://www.sunn.org/SubTabGeneric.jsp?team=sunn&\_stabid\_=57959">www.sunn.org/SubTabGeneric.jsp?team=sunn&\_stabid\_=57959</a>

#### SANCTION: Held under USA/Pacific Swimming Sanction No: 12-053

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

<u>NOTICE</u>: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. By entering the meet, the athlete or his/her guardian consents to this publication.

Use of Audio and Video: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms.

<u>officials:</u>	Head Referee: Head Starter: Meet Director: Head Meet Marshal:	Harrison Race Karyn Kikuta Doug Farnham, (650) 743-6134, <u>SUNNmeets@yahoo.com</u> Chris Lee
LOCATION:	Sunnyvale Swim Complex @	Fremont High School

<u>ION:</u> Sunnyvale Swim Complex @ Fremont High School 1283 Sunnyvale-Saratoga Ave. Sunnyvale, CA 94087

Directions: From Highway 280, exit N. De Anza Blvd. (Sunnyvale-Saratoga Ave.), travel north on Sunnyvale-Saratoga Ave. until it reaches Fremont Ave. The pool is between the school's main entrance and the football field. There are two parking lots. Parking lot in the front of Fremont High School will be held for meet officials, swim coaches, and a few limited spots for participants. Additional parking is available on the west side of the school campus off Fremont Ave.

<u>COURSE:</u> Outdoor 50 meter by 25 yard heated pool. Up to ten 25-yard lanes will be used for competition. Warm-up/cool-down area will be available during the meet. The minimum water depth, measured in accordance with Article 103.2.3, is 7' 0" at the start end and 7' 0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet begins at 8:30 AM on Saturday with warm-up from 7:00 to 8:15 AM.

<u>RULES:</u> Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course. Swimmers may compete in maximum of FOUR (4) individual events, plus relays. A swimmer may ONLY compete in one (1) Free and one (1) Medley relay. Swimmers may register for as many individual events for which they qualify, but will be required to scratch down to FOUR (4) the day of the meet. All events are timed finals. <u>Events will be swum slowest to fastest</u> starting with non-conforming long course meter (LCM), non-conforming short course meter (SCM), then conforming short course yards (SCY). All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. If the Head Referee and Meet Director determine a scratch down is necessary, immediate cash refund will be available. If necessary, the Head Referee, in concurrence with the Meet Director, may call for a break at an appropriate time between events.

All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

<u>UNACCOMPANIED SWIMMERS</u>: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**<u>RESTRICTIONS</u>**: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectators seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No glass is permitted on the pool deck and facilities. No tents will be allowed on the pool deck or any other area within the pool's fenced complex and no unauthorized cars may park on the lawn areas. Only coaches E-Z ups will be allowed on the pool deck. Access to the working area of the pool deck will be restricted to officials, timers, swimmers, coaches and meet staff.

**ELIGIBLITY:** Swimmers must be current members of USA-S / PC and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. All swimmers must be registered in the Pacific LSC. Entries with "NO TIME" will be rejected. Entry times submitted will be checked against a computer database and may be changed or denied in accordance with Pacific Swimming Entry Time Verification Procedures. Swimmers must be 10 years of age or younger as of the day of the meet. Swimmers 11 years of age and older are not eligible for this meet.

Swimmers may compete in no more than 4 individual events (not including relays) with restrictions as follows: Swimmers must have met the meet time standard for each event entered (6-UN must have achieved an 8-UN "PC-B" Time, and age groups 7-8 and 9-10 must have achieved the "PC-A" Time in their events).

Relay swimmers must either be entered in an individual event or must be on the "Relay Only Swimmer's Pre-Entry Form" (page 5, submitted by the entry deadline) or will not be allowed to compete.

**<u>RELAYS</u>**: Relay entries will be due on the day of the meet, at a time to be announced at the beginning of the meet, and will be deck seeded. Payment is due at the time of entry.

ENTRY FEES: \$2.75 per individual event, plus \$8.00 per swimmer participation fee. \$9.00 per relay team.

#### ENTRIES (two options):

#### Option 1: Online Meet Entries:

Enter at: <u>http://ome.swimconnection.com/pc/sunn20120428</u> to receive immediate confirmation of acceptance via email. \*Deadline for online entries is 8:00 PM Wednesday April 18, 2012. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

#### Option 2: Surface Mail Entries:

All mailed entries must be submitted on the Surface Mail Entry form (page 6). All entry times shall be noted by SCY, SCM, or LCM next to the entry time. [SCY = short course yards; SCM = short course meters; LCM = long course meters]. DO NOT CONVERT TIMES USING ANY CONVERSION FORMULAS. "No Time" entries will NOT be accepted. Entries must be postmarked by midnight Monday, April 16, 2012, or hand delivered at the address shown below by 8:00 PM on Wednesday April 18, 2012. FAX entries and late entries will NOT be accepted. No refunds will be made, except mandatory scratches.

Make checks payable to the <u>Sunnyvale Swim Club</u> and mail the entry form to:

10&Under Championships c/o Doug Farnham 779 Mahogany Ln Sunnyvale, CA 94086-8638 SUNNmeets@yahoo.com

To confirm entries have been received, please include a self-addressed, stamped envelope with your entries.

<u>CHECK-IN</u>: The meet will be deck-seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

<u>SCRATCHES</u>: Swimmers entered in an individual event who have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Failure to swim an event will result in being barred from their next individual event. Exception: No penalty shall apply for failure to withdraw or compete in an individual event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the No-Show is caused by circumstances beyond the control of the swimmer.

<u>AWARDS:</u> Awards will be given by age separately to 10, 9, 8, 7 year olds and to 6 & Under. Swimmers earning 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place will receive a distinctive award. Ribbons will be awarded for 4<sup>th</sup> through 8<sup>th</sup> places. High-point and High-point Runner-up trophies will be awarded to the girls and

boys with the most points scored for 10, 9, 8, 7 year olds, and 6 & under. Events are designated as 9-10 and 8/Under, except relays. Events for age group 9-10 will be scored separately for 10 and 9 year olds. Events for age group 8/un will be scored separately for 6 & under, 7, and 8 year olds.

INDIVIDUAL EVENT SCORING: 9, 7, 6, 5, 4, 3, 2, and 1 point(s) for 1st through 8th place, respectively by age.

- **<u>RELAY AWARDS:</u>** Top 3 teams per event will receive awards.
- **<u>REFRESHMENTS:</u>** Snack bar available. Refreshments and lunch will be provided free to coaches and working officials.

ADMISSION: Free.

**PROGRAMS:** Programs will be for sale at the meet.

<u>MEET INFORMATION SITE</u>: For more information about the meet, venue, sponsorship and advertising opportunities, etc. please visit <u>http://www.sunn.org/SubTabGeneric.jsp?team=sunn&\_stabid\_=57959</u>.

#### 2012 Pacific Swimming's 10 & Under Short Course Championships

#### SCHEDULE OF EVENTS Saturday, April 28, 2012

EVENT #	EVENT #	AGE	
Girls	Boys	GROUP	EVENT
1	2	9-10	200 Free
3	4	9-10	100 Breast
5	6	8-UN	25 Free
7	8	9-10	100 IM
9	10	8-UN	25 Breast
11	12	9-10	100 Fly
13	14	8-UN	25 Fly
15	16	9-10	100 Back
17	18	8-UN	25 Back
19	20	10-UN	200 Free Relay
21	22	8-UN	100 Free Relay
23	24	9-10	500 Free
25	26	8-UN	100 Free
27	28	9-10	50 Free
29	30	8-UN	50 Breast
31	32	9-10	50 Breast
33	34	8-UN	100 IM
35	36	9-10	200 IM
37	38	8-UN	50 Fly
39	40	9-10	50 Fly
41	42	8-UN	50 Back
43	44	9-10	50 Back
45	46	8-UN	50 Free
47	48	9-10	100 Free
49	50	8-UN	100 Medley Relay
51	52	10-UN	200 Medley Relay

### Ages groups 6&UN and 7-8 will both swim under the 8-UN events.

#### Qualifying Time Standards: 6-UN must have achieved an 8-UN "B" Time Age groups 7-8 and 9-10 must have achieved the "A" Time in their events

Pacific Swimming's Age Group Time Standards can be found at http://www.pacswim.org/page/times\_standards.shtml

#### 2012 Pacific Swimming's 10 & Under Short Course Championships

## RELAY ONLY Swimmer's Pre-Entry Form\*

CLUB NAME	CLUB ABBR.	LSC
COACH:		

Age	Sex	Swimmer Name (Last, First, MI)	USA-S Registration Number										
			-										

\* Relay swimmers must be either entered in an individual event or must be entered on this "Relay Only Swimmer's Pre-Entry Form" by the entry deadline to compete.

Pacific Swimming's 10 & Under Short Course Championships Host: Sunnyvale Swim Club (SUNN) April 28, 2012 Surface Mail Entry Form									
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					plus PAR	RTICIE	PATION F	EE:	\$ 8.00
TOTAL: \$									
COACH:									
SWIMMER ADDRESS									
	•								
PHONE #	(	)							

\*SCY = short course yards; SCM = short course meters; LCM = long course meters