



Heritage Plaza Redding AGO



November 3-4, 2012
Hosted By Redding Swim Team

(Online entries at: <http://ome.swimconnection.com/meets>)

- Sanction:** Held under USA Swimming/Sierra Nevada Swimming Sanction Number: 60-12
In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** **Shasta Community College, 11555 Old Oregon Trail, Redding 96003.**
Directions to the pool: From I-5 take 299 East/Burney Exit (#680), turn east onto 299 East, proceed approximately 2 miles to Old Oregon Trail/Shasta College exit, turn left (north) at the signal onto Old Oregon Trail. The college will be on the right. Drive .6 miles to the second Shasta College entrance and proceed east approximately .3 miles to a large parking lot. The pool is located east of the gym.
- Facility:** Competition will be conducted in a 25 yard 8 lane outdoor heated pool. In accordance with 202.3.4D, the starting end of competition course has a pool depth of 4' at 3' 3 1/2" and 4' 6" at 16' 5". The turning end of the pool is a depth of 4' at 3' 3 1/2" and 4' 6" at 16' 5". The competition course has been certified in accordance with 104.2.2C(4). A copy of such certification is on file with USA Swimming. A separate 25-yard pool section will be available for continuous warm-up throughout the meet.
- Times:** On Saturday, competition will begin at 10:00 a.m. Warm-ups on Saturday will begin no earlier than 8:30 a.m. and will continue until 9:45 a.m. On Sunday, competition will begin at 9:00 a.m. Warm-ups on Sunday will begin no earlier than 7:30 a.m. and will continue until 8:45 a.m.
- Check-in:** Close of check-in for the first 4 events shall be no more than 30 minutes before the scheduled start time of the meet. Close of check-in for subsequent events shall be no more than 30 minutes before the estimated start time of the first heat of the event. The meet will be deck seeded. All swimmers, or their coach or parent, must check-in prior to the close of their event.
- Rules:** Current USA Swimming/Sierra Nevada Swimming rules shall govern the meet. All events are timed finals. **Swimmers are limited to 4 individual and one relay event per day.** Deck entries will be accepted with proof of registration, but not awarded or scored. Swimmers may only swim in one meet per day. **ACCORDING TO 202.3.4A**, "Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement." Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. In addition, photography of any form (video, digital, cell phone, ipad, SLR camera) is not permitted behind the starting blocks at any time. The use of flash devices at the start is also prohibited.
- Eligibility:** All swimmers must have a current USA Registration Card and must enter the number on their entry cards. Entrants without a current Registration Number on their entries must present a current Registration Card (or Swim Connection Registration Verification email) prior to competition. Any swimmers entering as "pending" or "applied for", etc., will be verified with the SNS Registrar one week prior to the meet and, if validly pending, will be allowed to check in and compete.
- Relays:** All relays are timed finals. **Relay cards must be turned in by 10:30 a.m.** Relay cards must list the names of all swimmers and alternates who might swim. Teams may put together as many relays as they are able. Relays will not be broken out into individual age groups.

Entries: AGO and Junior + Meets run concurrently. Swimmers may enter either the Junior + or the AGO Meet but may ONLY swim in one meet per day. A separate pool charge is required to enter each meet and is NON-REFUNDABLE, as are entry fees. See individual meet sheets for entry qualifications. Entries may be done using (1) a computer disk using Hy-Tek accompanied by a signed hardcopy, a contact person, a phone number and a check for the proper amount; on (2) a S.A.M.M.S. Consolidated Entry Card that is completely filled out; or (3) online at <http://ome.swimconnection.com/meets>. A swimmer who has no official time for an event may enter that event with no submitted time (NT). We strongly encourage swimmers to enter an estimated time rather than a NT (no time).

Entries will not be accepted without entry fee. Deck entries are accepted with proof of registration, but will not be scored or awarded. NO REFUNDS. Mail entries must be postmarked by Monday, October 22, 2012. Hand delivered entries must be received by Wednesday, October 24, 2012. Online entries will be accepted through Thursday, October 25, 2012. Meet will be capped at 250 swimmers. Entries received concurrently with the 250th entry will be accepted. All others will be returned.

ONLINE ENTRIES: Enter online at <http://ome.swimconnection.com/meets> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1.00 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. Entering online, which requires the payment of this processing fee, is completely voluntary. If you do not wish to pay the processing fee, enter by using mail entry. (Online meet entry is in no way required or expected in order to enter this meet).

Entry Limits: Should 10-under or 11-12 events on any day be estimated to last longer than 4 hours, all swimmers will be required to scratch down until that requirement is met.

Entry Fee: \$4.00 per individual event (includes \$0.50 for SNS, \$1.00 for Age Group Travel Fund and \$.75 for Senior Travel Fund). Deck entries will be \$4.25 per individual event. Deck entries will not be scored or awarded. Relays are \$8.50 per relay (includes \$1.00 for SNS, \$2.25 for Age Group Travel Fund, and \$1.25 for Senior Travel Fund,). Pool Surcharge Fee is \$7.00.
Make checks payable to Redding Swim Team and mail to:

**Redding Swim Team
P.O. Box 992112
Redding, CA 96099-2112**

Scoring: 1st through 6th places. Individual events points: 7-5-4-3-2-1, Relay points: 14-10-8-6-4-2

Awards: **“A” Medals or Pins will be awarded to all swimmers achieving new “A” times.** Ribbons will be awarded 1st through 6th places for individual events. The 10 & under events will be scored and awarded as 8 & under and 9-10. The 11 and over will be scored and awarded as 11-12, 13-14, 15 and over. **Individual High Point Awards will be given for 8 & under, 9-10, 11-12, 13-14, and 15-over.** Relays will be awarded 1st through 3rd. Please pick-up your award(s) at the meet as NO awards will be mailed.

Officials: Head Referee: Rob Griffith Head Starter: Kevin Tokunaga
Meet Director: Leslie Pincin
Redding Swim Team e-mail: reddingswimteam@yahoo.com Phone (530) 246-2666

Officials’ Official Dress will be white polo shirts and navy blue pants/shorts/skirt and white shoes. All Dress working officials must display membership cards at the meet.

Minimum Officials Rule: Each team shall, by entry deadline, provide to the Meet Referee or Meet Director, a list of officials who have agreed to represent their team. Those teams who have not provided sufficient officials shall have all their swimmers treated as “time only” swimmers in all respects for that session.

Admission: Free. Two-day programs will be available for \$5.00.

Number of Swimmers Entered in Meet per Team	Number of Trained and Carded Officials Required
0-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Over 100	5

Hospitality: There will be a snack bar. Snacks, lunch, and refreshments will be served to all working officials, timers, and coaches.

Restrictions: Smoking or use of other tobacco products is not allowed anywhere within the swim venue including swimmer rest areas. Alcoholic beverages and pets are not allowed on the Shasta College Campus. Use of portable propane heaters are not allowed in the pool area or on the school grounds. Use of audio or visual recording devices, including a cell phone is not permitted in changing areas, restrooms or locker rooms.

SATURDAY

Girls #	Event	Age Group	Boys #
1	200 Free	11 & over	2
3	200 Free	10 & under	4
5	100 Fly	11 & over	6
7	50 Fly	9 - 10	8
9	25 Fly	8 & under	10
11	100 Breast	11 & over	12
13	50 Breast	9 - 10	14
15	25 Breast	8 & under	16
17	100 IM	11 & over	18
19	100 IM	10 & under	20
21	200 Medley Relay	11 & over	22
23	200 Medley Relay	10 & under	24

SUNDAY

Girls #	Event	Age Group	Boys #
25	200 I.M.	11 & over	26
27	200 I.M	10 & under	28
29	50 Free	11 & over	30
31	50 Free	10 & under	32
33	100 Back	11 & over	34
35	50 Back	9 - 10	36
37	25 Back	8 & under	38
39	100 Free	11 & over	40
41	100 Free	10 & under	42
43	200 Free Relay	11 & over	44
45	200 Free Relay	10 & under	46

The 10 & under individual events will be scored and awarded as 8 & under and 9-10. 11 & over individual events will be scored and awarded as 11-12, 13-14, and 15 & over. Relays will not be broken out into individual age groups.

Please note: This meet will run concurrent with the Junior + Meet. Swimmers may ONLY swim in one of the meets per day.

Suggested Hotel in Redding



Red Lion Hotel

1830 Hilltop Drive, Redding, CA. 96003
530-221-8700

Suggested Restaurants

Olive Garden Restaurant

1025 Dana Drive
Redding, CA 96003
(530) 221-0158

Famous Daves Bar-B-Que

815 Browning Street
Redding, CA 96003
(530) 226-7427

Red Robin

1035 Dana Drive
Redding, CA 96003
(530) 222-5999

Redding's Ultimate Pizza

1730 Pleasant Street
Redding, CA 96001
(530) 241-8646

