



**SOUTH BAY SWIM LEAGUE CHAMPIONSHIPS
(CLOSED LEAGUE MEET)**

Friday - Sunday, July 19-21, 2013

Enter online <http://ome.swimconnection.com/pc/sbsl20130719>

SANCTION: Held under USA Pacific Swimming Sanction No. 13-094

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

Use of Audio and Video: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, restrooms, or locker rooms

OFFICIALS:

Meet Referee: Karyn Kikuta

Head Starter: Carole Keighley

Meet Marshal: Cathy Manthey

Meet Director: Lou Thomas 4mthomas6355@gmail.com (408) 513-2450

LOCATION: Valley Christian High School Skyway Campus, 100 Skyway drive San Jose, CA 95111

From 101 South: Take 101 South to the Capitol Expressway/Yerba Buena road exit. Merge onto Capitol Expressway heading west. Take the Monterey road ramp. Turn left onto Monterey road. Turn left onto Skyway drive. Valley Christian High School is located at 100 Skyway drive.

From 280 South: Take 280 South to 87 South. Take 87 South to the Capitol Expressway Auto Mall exit. Turn left onto West Capitol Expressway. Take the Monterey road ramp. Turn left onto Monterey Road Turn left onto Skyway drive. Valley Christian High School is located at 100 Skyway drive.

From 85 South: Take 85 South to the Blossom Hill road exit. Turn left onto Blossom Hill road. Turn left onto Snell Avenue. Turn right onto Skyway drive. Valley Christian High School is located at 100 Skyway drive.

Parking on campus is extremely limited. No overnight parking is allowed. Please note signs and avoid parking in restricted areas

COURSE: Up to 10 lanes, 25 yard, outdoor, heated pool. Up to 10 warm up/down lanes will be open during competition The minimum water depth for the course, measured in accordance with Article 103.2.3, is a minimum of 9'0" at the start end and a minimum of 9'6" at the turn end. This competition course has not yet been certified in accordance with 104.2.2C(4).

TIME: Competition on Friday will begin at 4:00 p.m.; warm-ups will be from 2:30 p.m. to 3:45 p.m. Competition begins at 9:00 a.m. on Saturday and Sunday; warm-ups begin at 7:30 a.m. and ends at 8:45 a.m. Officials meeting at 3:30 p.m. on Friday and 8:15 a.m. on Saturday & Sunday. Coaches meetings will be conducted at 3:47 p.m. on Friday and 8:47 a.m. on Saturday & Sunday.

RULES: Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals **and the meet will be pre-seeded.** Swimmers may compete in three events per day plus relays. If local conditions warrant it, the Meet Referee, with the

concurrence of the Meet Director may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches. **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing starter must or start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No deck changing. All shelters must be properly secured. No glass containers are allowed in the meet venue. No propane heater is permitted except for snack bar/meet operations Only coaches EZ-up's are allowed on competition deck.

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. . Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division. Entries with "**NO TIME**" will be accepted. Meet is open to qualified members of the South Bay Swim League (MSJA, QSS, SUNN, VS, WEST). Disabled swimmers, affiliated with any of the invited clubs are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. The swimmer's age will be the age of the swimmer on the first day of the meet. Swimmers must participate in a SBSL dual meet before competing in championships.

ENTRY FEES: Entry fees are \$2.75 for each individual event and \$9.00 per relay team. \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ENTRIES: Entries for the meet may be made by Hy Tek Team Manager team entries, online or by U.S. Mail. Entry times should be the swimmers best short course time for the event. Entries must be postmarked by midnight, Monday, **July 8, 2013** or hand delivered to Valley Christian High School Aquatics Office, 100 Skyway Drive, San Jose, CA 95111 by 6:30 p.m. Wednesday, July 10, 2013.

Make check payable to: **Valley Splash**

Mail with entries to: Curtiss Kikuta
Swim Meet Entries
832 Upton Way
San Jose, CA 95136

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be entered using the current Pacific Swimming times, Entries must be postmarked by midnight, Monday, **July 8, 2013** or hand delivered to Valley Christian High School Aquatics Office, 100 Skyway Drive, San Jose, CA 95111 by 6:30 p.m. Wednesday, July 10, 2013. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

ONLINE ENTRIES: You may enter this meet online or by U.S. mail. To enter on-line go to **<http://ome.swimconnection.com/pc/sbsl20130719>** to receive an immediate entry confirmation this method requires

payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, July 10, 2013.

Relay entries may be made the day of the event. Relay entries shall be due as announced the day of the event. Relay fees are due at the time entries are turned in. Teams may enter only one official relay per event. **Swimmers must be entered in at least one individual event to be eligible for relays.**

MEET FORMAT: This meet will be pre-seeded. All heat and lane assignments will be listed in the meet program. There will be no check-in. Swimmers shall report promptly to the starting blocks when their event/heat is called. Please be sure to be ready for your race. No calls will be made for the swimmers.

SCRATCHES: There will be no penalty for not swimming an event; the swimmer will simply be scratched from that event.

SCORING: Individual events: 9, 7, 6, 5, 4, 3, 2, 1.
Relay events: 18, 14, 12, 10, 8, 6, 4, 2 .

AWARDS: Distinctive medals, 1st-3rd, ribbons 4th-8th. "A" medals for swimmers achieving new "A" times. Team trophies for all teams. Individual high point awards, boys and girls, in the following age groups: 6 & un, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19 & over.

ADMISSION: Free. Three day program will be on sale at the meet for \$3.00

TIMERS: Participating teams will be responsible for providing timers with adequate rotation for the entire meet. Lane assignments will be made based on the number of entries from each team. If a team cannot supply adequate timers during the meet, that team will not score points during the meet.

REFRESHMENTS: A snack bar will be available serving hot breakfast, hot lunches, salads and other nutritious items and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

Minimum Officials:

All available USA Swimming members certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are *requested* to provide at least the following number of certified and carded officials for each session:

Club swimmers entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

Contact the Zone officials chair for specific requirements.

EVENT RECAP:

	8&Under	9-10	11-12	13-14	15&Over
Friday	50 Free	100 Free	100 Free	200 Free	200 Free
	200 Free	200 Free	400 Free	400 Free	400 Free Relay

	Relay	Relay	Relay	Relay	
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	8& Under	9-10	11-12	13-14	15&Over
Saturday	25 Fly	50 Fly	50 Fly	100 Fly	100 Fly
	25 Back	50 Back	50 Back	100 Back	100 Back
	100 IM	100 IM	100 IM	200 IM	200 IM
	100 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay

	8& Under	9-10	11-12	13-14	15&Over
Sunday				50 Free	50 Free
	25 Breast	50 Breast	50 Breast	100 Breast	100 Breast
	25 Free	50 Free	50 Free	100 Free	100 Free
	100 Free Relay	200 Free Relay	200 Free Relay	200 Free Relay	200 Free Relay

Friday July 19, 2013

Girl's Event #	Age Group	Event	Award Group	Boy's Event #
1	13-14	200 Freestyle	13-14	2
3	15&Over	200 Freestyle	15-16 17-18 19&Over	4
5	8&Under	50 Freestyle	6&Under 7-8	6
7	9-10	100 Freestyle	9-10	8
9	11-12	100 Freestyle	11-12	10
11	13-14	400 Freestyle Relay	13-14	12
13	15&Over	400 Freestyle Relay	15&Over	14
15	8&Under	200 Freestyle Relay	8&Under	16
17	9-10	200 Freestyle Relay	9-10	18
19	11-12	400 Freestyle Relay	11-12	20

Saturday July 20, 2013

Girl's Event #	Age Group	Event	Award Group	Boy's Event #
21	13-14	100 Butterfly	13-14	22
23	15&Over	100 Butterfly	15-16 17-18 19&Over	24
25	8&Under	25 Butterfly	6&Under 7-8	26
27	9-10	50 Butterfly	9-10	28
29	11-12	50 Butterfly	11-12	30
31	13-14	100 Backstroke	13-14	32
33	15&Over	100 Backstroke	15-16 17-18 19&Over	34
35	8&Under	25 Backstroke	6&Under 7-8	36

37	9-10	50 Backstroke	9-10	38
39	11-12	50 Backstroke	11-12	40
41	13-14	200 Individual Medley	13-14	42
43	15&Over	200 Individual Medley	15-16 17-18 19&Over	44
45	8&Under	100 Individual Medley	6&Under 7-8	46
47	9-10	100 Individual Medley	9-10	48
49	11-12	100 Individual Medley	11-12	50
51	13-14	200 Medley Relay	13-14	52
53	15&Over	200 Medley Relay	15&Over	54
55	8&Under	100 Medley Relay	8&Under	56
57	9-10	200 Medley Relay	9-10	58
59	11-12	200 Medley Relay	11-12	60

Sunday July 21, 2013

61	13-14	50 Freestyle	13-14	62
63	15&Over	50 Freestyle	15-16 17-18 19&Over	64
65	8&Under	25 Breaststroke	6&Under 7-8	66
67	9-10	50 Breaststroke	9-10	68
69	11-12	50 Breaststroke	11-12	70
71	13-14	100 Breaststroke	13-14	72
73	15&Over	100 Breaststroke	15-16 17-18 19&Over	74
75	8&Under	25 Freestyle	6&Under 7-8	76
77	9-10	50 Freestyle	9-10	78
79	11-12	50 Freestyle	11-12	80
81	13-14	100 Freestyle	13-14	82
83	15&Over	100 Freestyle	15-16 17-18 19&Over	84
85	8&Under	100 Freestyle Relay	8&Under	86
87	9-10	200 Freestyle Relay	9-10	88
89	11-12	200 Freestyle Relay	11-12	90
91	13-14	200 Freestyle Relay	13-14	92
93	15&Over	200 Freestyle Relay	15&Over	94

Use the following URL to find the time standards.
http://www.pacswim.org/page/times_standards.shtml

