

**Morgan Hill February Freeze**  
**PACIFIC SWIMMING Short COURSE C/B/A+ MEET**  
**February 8-9, 2014**  
**Enter Online: <http://ome.swimconnection.com/pc/mako20140208>**



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **14-021**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <HTTP://results.teamunify.com/pcmhsc/index.html>**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**      **Meet Referee:** Carole Keighley      **Head Starter:** Phil Beisel      **Admin Official:** Michael Davis  
                         **Meet Marshal:** Sachi Itow              **Meet Director:** Michael Greymont – [mgreymont@mhgcg.com](mailto:mgreymont@mhgcg.com) 408-891-2948

**LOCATION: Morgan Hill Aquatics Center: 16200 Condit Rd Morgan Hill, CA.** From North: Hwy 101 South to Morgan Hill take Dunne Exit. Go over Highway Overpass, take 1st Right Conduit Road, Aquatics Center on Right. From South Hwy 101 North to Morgan Hill Exit at Tennant Avenue take right onto Tennant (East) Take 1st left on Conduit Road, Aquatics Center on Right. **Parking in front of West Entrance is for Officials ONLY. General Parking is lots North and South of Facility. Do NOT park at surrounding commercial or retail buildings as vehicles will be immediately towed at your expense. The City of Morgan Hill, Aquatics Center, nor the Morgan Hill Makos assume any responsibility for any damage/loss to any vehicle parked during the events. Park at your own risk.**

**COURSE:** Outdoor 25 Yard pool with up to 16 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition in the instructional pool. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4 feet at the shallow end and 13 feet at the deep end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under swimmers only will be held from 8:00 to 8:45 AM.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in four (4) events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of swimmers exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender. Per Zone 1 South, the meet shall be capped at 1000 swimmers per day.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- Swimmers in the Open 500 FR must have the 9-10 PC-A time- standard in order to enter this event. Swimmers must provide their timers and counters for this event.
- For the Open 400 IM, Swimmers must have the 11-12 PC-A time-standard in order to enter this event. Swimmers must provide their own timers for this event
- Distance Events (500 Free and 400 IM) will be swum fastest to slowest.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**ATTENTION HIGH SCHOOL SWIMMERS (February through May):** If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmers responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the

swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Smoking and the use of other tobacco products is prohibited on the entire facility, including parking lots, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
- Animals are not permitted on the facility with the exception of service animals. Please check with the meet director.

**ELIGIBILITY:** • Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be accepted.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY FEES:** \$2.75 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/mako20140208> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, January 29, 2014.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday January 27, 2014 or hand delivered by 6:30 p.m. Wednesday, January 29, 2014. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to:** Morgan Hill Swim Club

**Mail entries to:** Michael Greymont – Meet Director **Hand deliver entries to:** Michael Greymont

1921 W Edmundson Ave  
Morgan Hill, CA 95037

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**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Swimmers entered in an individual event that they have checked in for, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Swimmers who miss an event they have checked in for will not be penalized by the loss of the next event they have entered.

**AWARDS:** Ribbons will be awarded to 1<sup>st</sup> through 8<sup>th</sup> place finishers in the A+, B and C divisions for each event and age group. 13 & OV events will be awarded as 13-14 and 15-16, 17-18 Age Groups. Swimmers aged 19 and over will not be awarded. "A" medals will be awarded to swimmers achieving new "A" times swum during this meet only. Open events will not be awarded.

**ADMISSION:** Free. A 2 day program will be available will be available for a charge.

**REFRESHMENTS:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers. **No commercial (i.e. McDonalds, Taco Bell, etc.) is allowed on the pool deck.**

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**EVENT SUMMARY:**

Saturday, February 8, 2014				Sunday, February 9, 2014			
8 & Under	9-10	11-12	13 & Over	8 & Under	9-10	11-12	13 & Over
25 BK	200 IM	200 IM	200 IM	50 BK	200 FR	200 FR	200 FR
50 FL	100 FL	100 BK	50 FR	100 IM	50 BK	100 IM	100 BK
50 BR	50 FR	50 FR	100 BR	25 FL	100 IM	100 FR	200 FL
25 BR	50 BR	100 BR	200 BK	100 FR	100 FR	200 BR	100 FR
	100 BK	50 BR	100 FL	25 FR	100 BR	50 FL	200 BR
	50 FL			OPEN 400 IM***			
OPEN 500 FR*							

**EVENTS:**

Saturday, February 8, 2014		
Girls Event #	Event	Boys Event #
1	13/Over 200 IM	2
3	11-12 200 IM	4
5	9-10 200 IM	6
7	8/Under 25 Back	8
9	11-12 100 Back	10
11	9-10 100 Fly	12
13	13/Over 50 Free	14
15	9-10 50 Free	16
17	11-12 50 Free	18
19	13/Over 100 Breast	20
21	11-12 100 Breast	22
23	10/Under 50 Breast	24
25	13/Over 200 Back	26
27	9-10 100 Back	28
29	11-12 50 Breast	30
31	8/Under 25 Breast	32
33	13/Over 100 Fly	34
35	10/Under 50 Fly	36
37	Open 500 Free*	38

Sunday, February 9, 2014		
Girls Event #	Event	Boys Event #
39	13/Over 200 Free	40
41	9-10 200 Free	42
43	11-12 200 Free	44
45	10/Under 50 Back	46
47	13/Over 100 Back	48
49	11-12 100 IM	50
51	10/Under 100 IM	52
53	13/Over 200 Fly	54
55	8/Under 25 Fly	56
57	13/Over 100 Free	58
59	11-12 100 Free	60
61	10/Under 100 Free	62
63	11-12 200 Breast	64
65	13/Over 200 Breast	66
67	8/Under 25 Free	68
69	11-12 50 Fly	70
71	9-10 100 Breast	72
73	Open 400 IM**	74

\*For the 500 Free Open: Swimmer must have the 9-10 A time- standard in order to enter this event. Swimmers must provide their timers and counters for this event.

\*\* For the 400 IM Open: Swimmer must have the 11-12 A time-standard in order to enter this event. Swimmers must provide their own timers for this event.

Use the following URL to find the time standards: [http://www.pacswim.org/page/times\\_standards.shtml](http://www.pacswim.org/page/times_standards.shtml)

<b>Pacific Swimming – Hosted by Morgan Hill Makos</b> <b>Morgan Hill February Freeze</b> <b>February 8-9th, 2014</b> <b>Consolidated Entry Form</b>											
Name: Last,			First			Middle					
Club Abbr.		UNATT TEAM ABBR				Club Name					
Age		Date of Birth				Sex M F		LSC – (PC, SN)			
USA-#											
Event #	Distance / Stroke					Entry Time		Circle one			
						: .		SCY / LCM			
						: .		SCY / LCM			
						: .		SCY / LCM			
						: .		SCY / LCM			
						: .		SCY / LCM			
						: .		SCY / LCM			
						: .		SCY / LCM			
						: .		SCY / LCM			
						: .		SCY / LCM			
						: .		SCY / LCM			
# of entries _____ x \$2.75 = \$ _____ Participation Fee        \$ 8.00 Total                        \$ _____											
Coach											
Swimmer's Address											
Home Phone						Email address					