

DE ANZA CUPERTINO AQUATICS
PACIFIC SWIMMING ZONE 1N LONG COURSE C/B/A+ MEET
FRIDAY, MAY 30TH thru SUNDAY, JUNE 1ST, 2014



Enter Online:

SESSION A (DACA, OSC, SSF, LO, PCCA, PSRP, MCAC, DCD, MM, PSRP, HDAC) <http://ome.swimconnection.com/pc/1daca20140530>
SESSION B (PASA, BAC, SUNN, BSC, KOA, PSL, SOLO, LAMV, PPSC, MAV) <http://ome.swimconnection.com/pc/2daca20140530>

SANCTION: Held under USA/Pacific Swimming Sanction No. 14-089

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital camera, cell phones and tablets, is not permitted in changing areas, restrooms or locker rooms. Violation of this recording prohibition may result in the ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:
Meet Referee: Sylvain Flamant
Meet Marshal: Tammy Hopkins
Meet Director: Annie Stein – annie@daca.org / (408) 253-7946
Head Starter: Kim Clarno
Admin Official: Larry Rice

LOCATION: De Anza College: 21250 Stevens Creek Blvd., Cupertino, CA 95014.

From the North: Take Highway 280 South. Exit right on De Anza Blvd. Turn right on Stevens Creek Blvd. Turn Left on Stelling St. Enter the College Campus on the right hand side from Stelling St. and use Parking Lot C for easiest access to the pool.

From the South: Take Highway 280 North. Exit left on De Anza Blvd. Turn Right on Stevens Creek Blvd. Turn left on Stelling St. Enter the College Campus on the right hand side from Stelling St. and use Parking Lot C for easiest access to the pool.

PLEASE NOTE ALL PARKING IS METERED AND ENFORCED AT A COST OF \$3.00 PER DAY. Officials will have their parking fees reimbursed.

COURSE: 50 meter, outdoor heated pool. Up to ten (10) lanes will be used for competition. Separate, warm-up, cool down area will be available during the meet. The minimum water depth for the course, measured in accordance with Article 103.2.3, is 6'0" at the start end and 4'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C (4).

TIME: Friday Session: Meet Begins at 4:45 PM; Warm-up is from 3:30 – 4:30 PM.

Saturday and Sunday are split into Session "A" and Session "B".

SESSION A (DACA, OSC, SSF, LO, PCCA, PSRP, MCAC, DCD, MM, PSRP, HDAC): Meet begins at 8:30 AM; Warm-Up is from 7:00 – 8:15 AM.

SESSION B (PASA, BAC, SUNN, BSC, KOA, PSL, SOLO, LAMV, PPSC, MAV): Session B will begin 1 hour after Session A finishes, but not before 12:00 PM. Session B Warm-Ups will begin immediately after Session A finishes.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in a **maximum of one (1) event** on Friday. Swimmers may compete in a **maximum of three (3) events** per day on Saturday and Sunday.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All events will run in a fast to slow sequence
- Chase starts will be used if necessary.

- All swimmers competing in the 400 meter Freestyle or 400 meter IM must have achieved a “PC-B” Time Standard for their age group.
- All swimmers competing in the 400 meter Freestyle or 400 meter IM events must provide their own lane timers.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete’s USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer’s legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the “A” Division must have met at least the listed “PC-A” time standard. Swimmers in the “B” Division must have met at least the listed “PC-B” time standard. All entry times slower than the listed “PC-B” time standard will be in the “C” Division.
- Entries with **"NO TIME" will be ACCEPTED, except in the 400 meter freestyle and 400 meter IM events.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer’s age will be the age of the swimmer on the first day of the meet.

ENTRY PRIORITY: **This meet is limited to Zone 1N swimmers only. Zone 1N swimmers entering online must do so by 11:59 PM Wednesday, May 21st. Surface mail entries must be postmarked by Monday, May 19th. No swimmers other than those from Zone 1N may enter the meet.**

ENTRY FEES: \$2.75 per event plus a \$10.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/1daca20140530> (SESSION A) or <http://ome.swimconnection.com/pc/2daca20140530> (SESSION B) to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way

required or expected of a swimmer by Pacific Swimming. **Online entries will be accepted through Wednesday, May 21st at 11:59 PM.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, May 19th or hand delivered by 6:30 p.m. Wednesday, May 21st. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: De Anza Cupertino Aquatics

Mail entries to: Annie Stein – DACA Meet Director
1080 S. De Anza Blvd.
San Jose, CA 95129

Hand deliver entries to: Annie Stein – DACA Meet Director
1080 S. De Anza Blvd.
San Jose, CA 95129

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. Any swimmers not reporting for or competing in an individual timed final event **shall not** be penalized.

AWARDS: Individual events will be awarded in the A, B, and C division. Ribbons for First through Eighth place will be given to the following age groups 8 & U, 9-10, 11-12. Swimmers 13 years of age and older will not receive awards. "A" time medals will be given to swimmers achieving a new "PC – A" times, regardless of place achieved in the event. All awards must be picked up at the meet by coaches at the end of each session. Awards will not be mailed.

ADMISSION: Free. A 2-day program will be available for a reasonable fee.

REFRESHMENTS: A snack bar will be open each day. Generous and friendly hospitality provided for officials, coaches, and volunteers. Lunches will be available for officials and coaches.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. All participating teams are expected to provide lane timers based upon the number of swimmers registered to swim each day. Team timing lanes for Saturday and Sunday will be assigned and coaches will be notified of assignments during the week prior to the meet.

MINIMUM OFFICIALS: Teams must follow Zone 1 North rules for providing officials. Each team must provide officials for each session according to the number of swimmers entered in that session, following the table below. Teams that do not provide sufficient officials must provide coaches to act in the place of officials.

Club swimmers entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 and up (1 for every 25 swimmers)

EVENT SUMMARY

FRIDAY			SATURDAY				SUNDAY			
9 – 10	11 – 12	13 – O	8 – UN	9 – 10	11 – 12	13 – O	8 – UN	9 – 10	11 – 12	13 – O
400 FR	400 FR	400 FR	100 FR	100 FR	50 FR	50 FR	50 FR	200 FR	100 FR	100 FR
	400 IM	400 IM	50 BK	50 BK	100 BK	200 BK	50 BR	50 FR	100 FL	200 FL
			50 FL	100 FL	50 FL	100 FL		50 BR	50 BR	100 BR
				200 IM	200 BR	200 FR		100 BK	200 IM	200 IM

EVENTS

Girls #	Friday Session	Boys #
1	9 & Over 400 Free	2
3	11 & Over 400 IM	4

Girls #	Saturday Session A	Boys #
5	9 – 10 100 FREE	6
7	8 & U 100 FREE	8
9	11 – 12 50 FREE	10
11	13 & O 50 FREE	12
13	9 – 10 50 BACK	14
15	8 & U 50 BACK	16
17	11 – 12 100 BACK	18
19	13 & O 200 BACK	20
21	9 – 10 100 FLY	22
23	8 & U 50 FLY	24
25	11 – 12 50 FLY	26
27	13 & O 100 FLY	28
29	9 – 10 200 IM	30
31	11 – 12 200 BREAST	32
33	13 & O 200 FREE	34
Girls #	Saturday Session B	Boys #
35	9 – 10 100 FREE	36
37	8 & U 100 FREE	38
39	11 – 12 50 FREE	40
41	13 & O 50 FREE	42
43	9 – 10 50 BACK	44
45	8 & U 50 BACK	46
47	11 – 12 100 BACK	48
49	13 & O 200 BACK	50
51	9 – 10 100 FLY	52
53	8 & U 50 FLY	54
55	11 – 12 50 FLY	56
57	13 & O 100 FLY	58
59	9 – 10 200 IM	60
61	11 – 12 200 BREAST	62
63	13 & O 200 FREE	64

Girls #	Sunday Session A	Boys #
65	9 – 10 200 FREE	66
67	11 – 12 100 FREE	68
69	13 & O 100 FREE	70
71	8 & U 50 FREE	72
73	9 – 10 50 FREE	74
75	11 – 12 100 FLY	76
77	13 & O 200 FLY	78
79	8 & U 50 BREAST	80
81	9 – 10 50 BREAST	82
83	11 – 12 50 BREAST	84
85	13 & O 100 BREAST	86
87	9 – 10 100 BACK	88
89	11 – 12 200 IM	90
91	13 & O 200 IM	92
Girls #	Sunday Session B	Boys #
93	9 – 10 200 FREE	94
95	11 – 12 100 FREE	96
97	13 & O 100 FREE	98
99	8 & U 50 FREE	100
101	9 – 10 50 FREE	102
103	11 – 12 100 FLY	104
105	13 & O 200 FLY	106
107	8 & U 50 BREAST	108
109	9 – 10 50 BREAST	110
111	11 – 12 50 BREAST	112
113	13 & O 100 BREAST	114
115	9 – 10 100 BACK	116
117	11 – 12 200 IM	118
119	13 & O 200 IM	120

Swimmers in the 400 Free and 400 IM must have achieved a “PC-B” Time Standard

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

ZONE 1N TEAMS ASSIGNED TO SESSION A: **DACA, OSC, SSF, LO, PCCA, PSRP, MCAC, DCD, MM, PSRP, HDAC**
 ZONE 1N TEAMS ASSIGNED TO SESSION B: **PASA, BAC, SUNN, BSC, KOA, PSL, SOLO, LAMV, PPSC, MAV**

Pacific Swimming – Hosted by De Anza Cupertino Aquatics Long Course C/B/A + May 10 – 11, 2014 Consolidated Entry Form															
Name: Last,				First				Middle							
Club Abbr.				UNATT TEAM ABBR				Club Name							
Age				Date of Birth				Sex M F		LSC – (PC, SN)					
USA-#															
Event #	Distance / Stroke						Entry Time			Circle one					
							: .			SCY / LCM					
							: .			SCY / LCM					
							: .			SCY / LCM					
							: .			SCY / LCM					
							: .			SCY / LCM					
							: .			SCY / LCM					
							: .			SCY / LCM					
							: .			SCY / LCM					
							: .			SCY / LCM					
							: .			SCY / LCM					
# of entries _____ x \$2.75 = \$ _____ Participation Fee \$ 10.00 Total \$ _____															
Coach															
Swimmer's Address															
Home Phone							Cell Phone								
E-Mail Address															