

**ALAMEDA ISLAND AQUATICS
PACIFIC SWIMMING SHORT COURSE C/B/BB+ MEET**

Saturday, September 30 - Sunday, October 1, 2017

Enter Online: <http://ome.swimconnection.com/pc/AIA20170930>

Teams: AIA AAA ALGA BEAR ECG FAST FF HILL OAPB ONDA OTST EBSD MONT NWA OAK OAKW WCAB PST TERA EBA



TEAM ENTRIES, TIMELINE, TIMING ASSIGNMENTS, MINIMUM OFFICIALS, ETC: <http://www.myswimming.info/rocktoberfest2017>

LIVE RESULTS: Web: <http://www.myswimming.info/rocktoberfest2017/results/09302017/>

[MeetMobile IOS/MeetMobile Android: http://www.myswimming.info/rocktoberfest2017/liveresults.html](http://www.myswimming.info/rocktoberfest2017/liveresults.html)

SANCTION: Held under USA/Pacific Swimming Sanction No. **17-125**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://www.myswimming.info/rocktoberfest2017/results/09302017/>.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:
Meet Referee: Leo Lin **Head Starter:** Holly Taifer
Meet Marshal: Howard Blea **Admin Official:** Marie Lin
Meet Director: Eric Delore meetdirector@alamedaislanders.org, (510) 390-4015

LOCATION: Steve Heaston Aquatic Center, Acalanes High School, 1200 Pleasant Hill Road, Lafayette, CA 94549. **Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed. No overnight/RV parking allowed.**

DIRECTIONS: **Highway 24 West**-Use the right 2 lanes to take exit 14 for Pleasant Hill Rd. Keep left, follow signs for Pleasant Hill Road N. Keep right at the fork to continue on Exit 14B, follow signs for Pleasant Hill Rd and merge onto Pleasant Hill Rd. **Highway 24 East**-take exit 14 for Pleasant Hill Rd toward Mt Diablo Blvd. Keep right at the fork, follow signs for Pleasant Hill Rd N and merge onto Pleasant Hill Rd. Parking lot located on right. Pool is located behind high school near the football field and track.

COURSE: Outdoor 25 yard x 40 meter outdoor, heated pool pool with up to 10 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 10' at the start end and 7' at the turn end. The competition course has been certified in accordance with Article 104.2.2C(4) . The copy of such certification is on file with USA Swimming.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:45 to 8:55 AM. Check-in begins at 7:30 a.m. on Saturday and Sunday each day.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 4 events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes' age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- Athletes entering the 500 yard freestyle must have met the USA-S Motivational 13-14 "B" time standard for their gender (Girls: 6:49.39, Boys: 6:26.59). Athletes in the 500 yard freestyle must provide their own timers and lap counters.

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Destructive Devices: Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "BB" Division must have met at least the listed "BB" time standard. Athletes in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8&U, athletes in the "A" division must have met at least the listed "A" time standard.
- Entries with **"NO TIME" will be REJECTED.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than **August 26, 2017**. Entries from members of assigned "year round" Zone 2 teams postmarked or entered online by 11:59 PM. on **September 2, 2017** will be given 1st priority acceptance. Entries from members of all Zone 2 teams (year round and seasonal) postmarked or entered online between 12:00 AM **September 2, 2017** and 11:59 PM **September 9, 2017** will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**** NOTE: Athletes who falsify their entry form by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.**

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch-downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/AIA20170930> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through 11:59 PM Wednesday, **September 20, 2017**, or until the meet has reached capacity, whichever comes first.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by Monday, **September 18, 2017** or hand delivered by 6:30 PM, Wednesday, **September 20, 2017**. No late entries will be accepted. No entries received after the meet has reached capacity will be accepted. No refunds will be made, except mandatory scratch-downs. Requests for confirmation of receipt of entries should include a self-addressed, stamped envelope.

Make check payable to: Alameda Island Aquatics

Mail entries to: Alameda Island Aquatics	Hand deliver entries to: Alameda Island Aquatics
875-A Island Drive, #190	875-A Island Drive, #190
Alameda, CA 94502	Alameda, CA 94502

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: First through eighth places in each division (C, B & BB) will be awarded for the 9-10, 11-12, 13-14, 15-16, 17-18 age groups. First through eighth place in each division (PC-C, PC-B, and PC-A) will be awarded for the 8 & Under age group. All athletes achieving an A time for the first time will be awarded a standard A medal, regardless of place achieved in the event. No awards will be given for athletes 19 years of age and older. Note: Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

ADMISSION: Free. A limited amount of meet programs will be available for \$5.00.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of athletes entered in meet per team per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-UP	8 & UN	9-10	11-12	13-UP
50 BR	50 BR	100 BR	200 BR	50 FR	50 FR	200 FL	200 BK
25 FR	100 FR	100 FR	50 FR	25 FL	200 FR	50 FR	100 FR
50 FL	50 FL	200 IM	200 IM	50 BK	50 BK	50 BK	100 BR
25 BK	100 BK	200 BK	100 BK	25 BR	100 BR	200 BR	100 FL
100 IM	100 IM		500 FR (GIRLS)			200 FR	500 FR (BOYS)

EVENTS

Saturday, September 30 th 2017		
GIRLS EVENT #	EVENT	BOYS EVENT #
1	13-UP 200 Breast	2
3	11-12 100 Breast	4
5	9-10 50 Breast	6
7	8 & UN 50 Breast	8
9	13-UP 50 Free	10
11	11-12 100 Free	12
13	9-10 100 Free	14
15	8 & UN 25 Free	16
17	13-UP 200 IM	18
19	11-12 200 IM	20
21	9-10 50 Fly	22
23	8 & UN 50 Fly	24
25	13-UP 100 Back	26
27	9-10 100 Back	28
29	11-12 200 Back	30
31	8 & UN 25 Back	32
33	9-10 100 IM	34
35	8 & UN 100 IM	36
37	13-UP 500 Free GIRLS	-

Sunday, October 1 st 2017		
GIRLS EVENT #	EVENT	BOYS EVENT #
39	13-UP 200 Back	40
41	11-12 200 Fly	42
43	9-10 50 Free	44
45	8 & UN 50 Free	46
47	13-UP 100 Free	48
49	11-12 50 Free	50
51	9-10 200 Free	52
53	8 & UN 25 Fly	54
55	13-UP 100 Breast	56
57	11-12 50 Back	58
59	9-10 50 Back	60
61	8 & UN 50 Back	62
63	13-UP 100 Fly	64
65	11-12 200 Breast	66
67	9-10 100 Breast	68
69	8 & UN 25 Breast	70
71	11-12 200 Free	72
-	13-UP 500 Free BOYS	74

Girls 500 Freestyle will be swum on Saturday. Boys 500 Freestyle will be swum on Sunday.

All 500 Freestyle swimmers must provide their own timers and lap counters.

Athletes entering in the 500 free must meet the 13-14 "B" time standard for their gender (Girls: 6:49.39, Boys: 6:26.59).

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>.

Pacific Swimming – Hosted by Alameda Island Aquatics (AIA) Rocktoberfest 2017 Short Course C/B/BB+ Meet Saturday, Septemebr 30th – Sunday October 1st, 2017 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													