

**SAN RAMON VALLEY AQUATICS
PACIFIC SWIMMING LONG COURSE C/B/BB+ MEET
JULY 14-15, 2018**

Enter Online: <http://ome.swimconnection.com/pc/SRVA20180714>

Z2 Assigned Teams: SRVA, RAM, BSW, CROW, DA, EA, PLS, RA, LAC, LBD, OAPB, TRIV, WCAB



SANCTION: Held under USA/Pacific Swimming Sanction No. **18-095**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

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|--|--|
| Meet Referee: Mike McCombs | Head Starter: Bob Ritter |
| Meet Marshal: Bharati Kaul | Admin Official: Carol Cottam |
| Meet Director: Jyothi M Musunuri 925-997-0818 | svameetdirector@gmail.com |

LOCATION: Dougherty Valley Aquatic Center, 10550 Albion Rd, San Ramon, CA 94582 (At Dougherty Valley High School)

DIRECTIONS: **From 580 Freeway:** Exit Dougherty Rd/Hopyard Head North on Dougherty Rd approximately 5 miles (turns into Bollinger Canyon Rd) Turn Right on Albion Rd Take Second Left turn into the Dougherty Valley High School parking lot. **From 680 Freeway:** Exit Bollinger Canyon Rd Head East on Bollinger Canyon Rd approximately 4 miles Turn Left on Albion Rd Take Second Left turn into the Dougherty Valley High School parking lot. **PARKING: Do not park in the no parking or designated areas.**

COURSE: Outdoor, heated 50 meter by 25 yard pool with up to 7 lanes available for competition. A separate lane will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4 feet at the start end and 4 feet at the turn end. The competition course has been certified in accordance with Article 104.2.2C(4) . The copy of such certification is on file with USA Swimming.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:45 to 8:55 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in **four (4)** events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes' age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- FRAMES ONLY for canopies will be allowed overnight on lawn areas. NO OTHER personal belongings can be left on lawn areas.
- Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.
- All pathways should be clear and no pop-ups are allowed on pathways and in front of entry and exit gates. Pathways and entry and exit gates must be clear for emergency personal and vehicles to pass through.
- No pop-ups are allowed inside of the pool fence.
- No umbrellas are allowed beyond the cordoned off areas at the starting blocks and race start areas on the deck for safety reasons.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 - Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "BB+" Division must have met at least the listed "BB" time standard. Athletes in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8 & Under athletes the applicable Pacific (PC) "A" and "B" standards will be used.
- Entries with "**NO TIME**" will be **REJECTED**.
- Minimum 11-12 BB time is required for event 29 (Open 800 FR GIRLS) & event 62 (Open 800 FR BOYS).
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than *June 9th, 2018*. Entries from members of "*assigned*" "year round" Zone 2 clubs postmarked or entered online by 11:59 PM. on *June 16th, 2018* will be given 1st priority acceptance. Entries from members of all Zone 2 clubs (year round and seasonal) postmarked or entered online between 12:00 AM *on June 17th, 2018* and 11:59 PM *on June 23rd, 2018* will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**** NOTE:** Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$4.00 per event plus an \$10.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch-downs.

EVENT SUMMARY

| Saturday | | | Sunday | | |
|-------------------|-------------|--------------|------------------|--------------|--------------|
| 10 & Under | 11-12 | 13-18 | 10 & Under | 11-12 | 13-18 |
| 100 FR | 200 FR | 200 FR | 100 BK | 100 FR | 100 FR |
| 50 BK | 100 BK | 100 BK | 50 FL | 100 BK | 100 BK |
| 200 IM | 200 FL | 200 FL | 100 BR | 50 FL | 100 FL |
| 50 BR | 50 BR | 100 BR | 50 FR | 200 BR | 200 BR |
| | | | | 50 FR | 50 FR |
| | | 200 BK Girls | | | 200 BK Boys |
| | 400 IM Boys | 400 IM Boys | | 400 IM Girls | 400 IM Girls |
| Open 800 FR Girls | | | Open 800 FR Boys | | |

EVENTS

| Saturday July 14, 2018 | | |
|------------------------|---------------------|---------|
| EVENT # | EVENT | EVENT # |
| 1 | 13-18 200 FR | 2 |
| 3 | 11-12 200 FR | 4 |
| 5 | 10 & Under 100 FR | 6 |
| 7 | 13-18 100 BK | 8 |
| 9 | 11-12 50 BK | 10 |
| 11 | 10 & Under 50 BK | 12 |
| 13 | 13-18 200 FL | 14 |
| 15 | 11-12 200 FL | 16 |
| 17 | 10 & Under 200 IM | 18 |
| 19 | 13-18 100 BR | 20 |
| 21 | 11-12 50 BR | 22 |
| 23 | 10 & Under 50 BR | 24 |
| 25 | 13-18 200 BK Girls | |
| | 11 & Up 400 IM Boys | 28 |
| 29 | Open 800 FR Girls | |

| Sunday July 15, 2018 | | |
|----------------------|----------------------|---------|
| EVENT # | EVENT | EVENT # |
| 31 | 11-12 100 FR | 32 |
| 33 | 13-18 100 FR | 34 |
| 35 | 10 & Under 100 BK | 36 |
| 37 | 11-12 100 BK | 38 |
| 39 | 13-18 100 FL | 40 |
| 41 | 11-12 50 FL | 42 |
| 43 | 10 & Under 50 FL | 44 |
| 45 | 13-18 200 BR | 46 |
| 47 | 11-12 200 BR | 48 |
| 49 | 10 & Under 100 BR | 50 |
| 51 | 13-18 50 FR | 52 |
| 53 | 11-12 50 FR | 54 |
| 55 | 10 & Under 50 FR | 56 |
| | 13-18 200 BK Boys | 58 |
| 59 | 11 & Up 400 IM Girls | |
| | Open 800 FR Boys | 62 |

Athletes in the Open 800 Free will provide their own timers and lap counters.
 Minimum 11-12 "BB" time is required for event 29 (Open 800 FR GIRLS) & event 62 (Open 800 FR BOYS).

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

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|---|-------------------|--|-----------------|-------|--|------------|------------|--------|----------------|--|--|--|--|
| Pacific Swimming – Hosted by San Ramon Valley Aquatics Long Course C/B/BB+ Meet July 14-15, 2018 Consolidated Entry Form | | | | | | | | | | | | | |
| Name: Last, | | | | First | | | | Middle | | | | | |
| Club Abbr. | | | UNATT TEAM ABBR | | | | Club Name | | | | | | |
| Age | | | Date of Birth | | | | Sex M F | | LSC – (PC, SN) | | | | |
| USA-# | | | | | | | | | | | | | |
| Event # | Distance / Stroke | | | | | Entry Time | | | Circle one | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
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| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| # of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 10.00 Total \$ _____ | | | | | | | | | | | | | |
| Coach | | | | | | | | | | | | | |
| Athlete's Address | | | | | | | | | | | | | |
| Home Phone | | | | | | | Cell Phone | | | | | | |
| Email | | | | | | | | | | | | | |