



DURHAM DOLPHINS
44th ANNUAL INVITATIONAL
AGO Short Course Swim Meet
JUNE 21-23, 2019

Enter online at: <http://ome.swimconnection.com/sn/>

- SANCTION:** Held under USA Swimming/Sierra Nevada Swimming Sanction # SNS19-32.
- In accordance with USA Swimming Rule (USA-S Rule) 202.4.9, "In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.
- SAFE SPORT:** Pursuant to USA-S Rule 202.4.10H use of audio or visual recording devices, including a cell phone is not permitted in changing areas, rest rooms or locker rooms.
- Sierra Nevada Swimming and the Durham Dolphin Swim Team would like to further state that, "The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting end of the pool at any time." The use of flash devices at the start is also prohibited.
- Pursuant to USA-S Rule 202.4.10I deck changes are prohibited.
- According to 202.4.10J, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, Coaches, Officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.
- LOCATION:** **DWIGHT BRINSON SWIM CENTER: 9447 Midway, Durham, CA 95938**
From Hwy 99 take the Durham exit and travel west 4.5 miles on Durham Dayton Highway to Midway (first stop sign). Turn right and the pool is on the left. Parking is available by continuing straight (west) at the stop sign and turning right onto Goodspeed Street (Post Office on corner) or right onto Putney for parking at the school campus. All parking areas are easy walking distance to the pool. A parking map is available at www.durhamdolphins.swimtopia.com. You cannot park on the Midway.
PARKING LOT IN FRONT OF THE POOL IS RESERVED FOR DESIGNATED MEET OFFICIALS ONLY.
- FACILITIES:** The Dwight Brinson Swim Center facility has an outdoor, heated, 25 YARD pool with up to 6 lanes available for competition. Warm up/Cool down will be in the diving section of the pool after the start of the meet and throughout the competition.
- CERTIFICATION:** USA-S certification is on file in accordance with USA-S Rule 104.2.2C(4). In accordance with USA-S Rule 202.4.10C, the competition course has a pool depth of 11'8" at 3'3.5" and 12'8" at 16' 5" at the start end. At the turn end it is 4'8" at 3' 3.5" and 4'8" at 16'5". The warm up/cool down will be in the diving section of the pool after the start of the meet.
- RULES:** Current USA-S and Sierra Nevada Swimming rules will govern the meet.
- Sierra Nevada warm-up procedures will be in effect and a copy of the procedures will be posted at the meet.
 - The four-hour rule will be enforced in accordance with USA-S Rule 205.3.1F
 - Swimmers are limited to a maximum of five (5) events per day on Saturday and Sunday; two (2) events per swimmer on Friday; for a total maximum of twelve (12) events during the meet.
 - Those entries in excess of the above limitations will not be refunded.
 - All events are SHORT COURSE YARDS and timed finals.
 - Properly registered 19-over swimmers may enter, but they will not be scored or awarded.
 - In accordance with USA-S Rule 102.2.9, if a swimmer has no official time in the entered event an estimated appropriate seed time will be accepted.
 - NT (No Time) entries will be accepted.
 - Any swimmer entered in the meet must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
 - In accordance with USA-S Rule 202.4.10D when unaccompanied by a Member-Coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- WARM UP RULES:** The following rules apply to the warm up period before each session, and to warm-up/down during the meet:

- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry), except for starts, which are limited to specified lanes.
- If used, Lifeguards shall be on the pool deck during the entire warm up period.
- Up to 2 lanes can be used for pace 50s (usually lanes 1&6) and up to 2 lanes for one-way sprints (usually lanes 2&5).
- Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool).
- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- Swimmers are not allowed on the starting blocks when a backstroke swimmer is executing a start in the same sprint lane.
- The use of hand-paddles, kickboards, fins and other devices are not allowed during general warm-up. The use of hand-paddles at any time during which touch pads are installed is forbidden.

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming Member Coach during warm-up, competition, and warm-down. Any swimmer without a Coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet.

The Meet Referee, Meet Director, or a designee may remove a swimmer, Coach, and/or Team from the deck for violations of these rules.

SPECIAL RULES: **All heats for all events will be seeded fastest to slowest.** Fly over starts may be used at the discretion of the Meet Referee. If so, swimmers are reminded to stay in the water at the completion of their heats and stay close to the pool edge.
No Team tents or pop-ups on the pool deck.
No overnight camping.

TIMES:	Warm ups	Meet Begins
Friday	4:00 PM	5:00 PM
Saturday and Sunday	8:00 AM	9:00 AM

An Officials' Meeting will be held 30 minutes before the start of each session.

ELIGIBILITY: All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmers' memberships prior to the meet and, if valid, will be allowed to check-in and compete. Note that SNS does not allow swimmers to register for a USA Swimming Membership at the meet.

According to 302.3 in the 2019 Rulebook and in effect now — If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

ENTRY LIMITS & SCRATCH DOWN: It is up to the Meet Director and Meet Referee to ensure that no sessions with swimmers 12 & Under are planned to last longer than 4 hours under USA-S Rule 205.3.1F

- The meet will be capped at **350** swimmers for the meet, or when it is estimated sessions with swimmers 12 & under will exceed 4 hours.

ENTRY FEES: \$4.00 per individual event for all entries plus an \$8.00 per swimmer surcharge. Entry fees are non-refundable except in the event of a required scratch down. Make checks payable to **DASA**.

ENTRIES: **MAILED ENTRIES:** Entries must be on a SAMMS Consolidated Entry Card. Entry cards must be completely filled out and legible; incomplete cards will not be accepted. **NO REFUNDS.** Make checks payable to **DASA**. Mailed entries must be postmarked by **midnight Monday, June 10th 2019**, and mailed to:

DASA
Attn: Meet Director
P.O. Box 606
Durham, CA 95938

The cap will be determined when the entries are received. Mailed entries, with postmarks prior to the due date, will not be accepted if received after the cap has been exceeded. Online entries are the best way to ensure you are entered in the meet. No telephone confirmations will be made.

ONLINE ENTRIES: Online entries will be accepted through **11:59 PM. Monday, June 17, 2019**. Enter at: <http://ome.swimconnection.com> to receive an immediate entry confirmation of acceptance via email. The "Billing Info" e-mail should be brought to the meet as proof of entry. Online entry requires payment by credit card using a secure website. Swim Connection LLC charges a processing fee for this service, equal to \$1.00 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees described below. Entering online, which requires the payment of this processing fee, is completely voluntary. If you do not wish to pay the processing fee, enter the meet via US Mail. Online meet entry is not required in order to enter this meet.

Teams who would like to enter using Hy-Tek may request an event file and send their entries by email to the Meet Director. Please contact the Meet Director to confirm there is space in the meet before emailing team files

DECK ENTRIES: Deck entries will not be accepted.

CHECK-IN: **THIS MEET IS PRE-SEEDED.** All swimmers are automatically checked in to the events that they are registered for.

NO REFUNDS WILL BE GIVEN.

AWARDS Medals for 1st – 6^h place and ribbons for 7th – 12th place for 5-6, 7-8, 9-10, 11/12, 13/14, 15/16, and 17/18 will be awarded separately in individual events. A Time medals are available.

All entry times will be verified by the Administrative Official. In keeping with our theme, an awards ceremony will be held to recognize all high point male and female swimmers in each of the age groups 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, and 17-18. The Teams placing 1st through 3rd high point will receive an award.

All awards must be picked-up during the meet. After meet, award delivery will not be offered.

SCORING: In accordance with USA Swimming rules for 6 lane pools: Scoring is **7-5-4-3-2-1**.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available, serving breakfast, lunch, and snack food. Snacks and refreshments will be served to all working Officials and Coaches. Light refreshments will be served to all Timers.

OFFICIALS:

Meet Referee:	Kevin Tokunaga
Head Starter:	Fred Stolp -
Admin Official:	Misha Rogers
Meet Director:	Alicia Rock aliciamrock@yahoo.com
Computer Operator:	Mark Brown mark.brown.15@gmail.com

All working Officials must have passed the background check and athlete protection training mandated by USA Swimming. Before the beginning of the meet, the Meet Referee will verify that this condition has been met. All Officials must wear their Officials' credentials visibly while working on deck.

OFFICIAL'S DRESS: Official attire at this meet will be white tennis shoes, white socks, white polo shirts, and navy-blue pants/shorts/skirts.

COACHES: All Coaches must have evidence of their USA Swimming Certification and will be required to check in with the Computer Operator or Check-in table at the meet to show proof. Upon such proof, Coaches will receive any necessary meet paperwork and identifying mark (wrist band, etc.) of clearance that must be displayed while on deck. Coaches unable to present evidence of certification will not be allowed to coach on the Pool Deck. Those Coaches without evidence of certification who wish to remain at the competition must sit in the spectator area.

MINIMUM OFFICIALS RULE: Each Team shall, by the entry deadline, provide to the Meet Director or designee a list of Officials who have agreed to represent their Team during the meet, in accordance with the following table:

Number of a Team's swimmers entered in meet	Number of trained and carded Officials required
0-10	0
11-25	1
26-50	2
51-75	3
76-100	4
>100	5

One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of entries against the number of Officials present representing each Team. Those Teams who have not provided sufficient Officials shall have all their swimmers treated as "time-only swimmers" in all aspects of that session.

TIMERS: Clubs will be assigned Lanes. Timing is based on the SN Timing Policy. Number of timing chairs per Team is based on the formula – (number of swimmers on a team in the session [divided by] total number of swimmers in the session) which is then [multiplied by] NUMBER OF timing chairs. This number will be rounded to the nearest whole number. Host Team supplies Timers in the same ratio as the visiting Teams and is responsible for filling unassigned chairs. Assignments will be sent to participating Teams.

RESTRICTIONS: Smoking, vaping, and the use of any other marijuana or tobacco products are prohibited at the Dwight Brinson Swim Center facility and all areas of the meet venue. Anyone desiring to smoke, vape, or use any other marijuana or tobacco products must leave the facility, including parking areas, to do so.
 Alcoholic beverages are prohibited in all areas of the meet venue.
 No pets are allowed.
 Personal propane heaters will not be allowed inside the facility.
 Glass containers are not allowed in the pool area.

Friday				Saturday				Sunday			
Event #		Age Group	Event	Event #		Age Group	Event	Event #		Age Group	Event
G	B			G	B			G	B		
1	2	13-18	200 IM	15	16	13-18	100 Breast	47	48	13-18	200 Breast
3	4	10-under	100 IM	17	18	11-12	50 Breast	49	50	11-12	100 Breast
5	6	11-12	100 IM	19	20	9-10	50 Breast	51	52	9-10	100 Breast
7	8	8&U	100 Free	21	22	8&U	25 Breast	53	54	8&U	25 Fly
9	10	9-10	200 Free	23	24	13-18	100 Free	55	56	13-18	200 Fly
11	12	11-18	200 Free	25	26	11-12	100 Free	57	58	11-12	100 Fly
13	14	11-18	500 Free	27	28	9-10	100 Free	59	60	9-10	100 Fly
				29	30	8&U	50 Free	61	62	8&U	50 Back
				31	32	13-18	200 Back	63	64	13-18	100 Back
				33	34	11-12	100 Back	65	66	11-12	50 Back
				35	36	9-10	100 Back	67	68	9-10	50 Back
				37	38	8&U	25 Back	69	70	8&U	25 Free
				39	40	13-18	100 Fly	71	72	13-18	50 Free
				41	42	11-12	50 Fly	73	74	11-12	50 Free
				43	44	9-10	50 Fly	75	76	9-10	50 Free
				45		Mixed 49er	200 Free Relay	77		Mixed 49er	200 Back Relay**
				46		Mixed 49er	200 Med Relay				

****200 BACKSTROKE RELAY – 4 Swimmers on the mixed relay team. All swimmers will swim 50 Backstroke. Swimmer #1 starts in water, swimmers 2,3 and 4 do forward starts, must be to the back before first stroke on back, head must surface at or before 15-meter mark. Relays are not scored or awarded. relays do not count towards the entry totals.**

Summary of Events by Age Group

	8-under	10-under	11-12	13-18
Friday	100 IM 100 FREE	100 IM 200 FREE	100 IM 200 FREE 500 FREE	200 IM 200 FREE 500 FREE
Saturday	25 BREAST 50 FREE 25 BACK	50 BREAST 100 FREE 100 BACK 50 FLY	50 BREAST 100 FREE 100 BACK 50 FLY	100 BREAST 100 FREE 200 BACK 100 FLY
Sunday	25 FLY 50 BACK 25 FREE	100 BREAST 100 FLY 50 BACK 50 FREE	100 BREAST 100 FLY 50 BACK 50 FREE	200 BREAST 200 FLY 100 BACK 50 FREE

HOTELS IN THE AREA (MAKE RESERVATIONS EARLY – HOTELS ARE PACKED)

COURTYARD BY MARRIOTT CHICO - 5.6 miles, 10 minutes

530-894-6699

Standard rooms with an indoor & an outdoor pool, business center & free Wi-Fi

RESIDENCE INN BY MARRIOTT CHICO – 5.6 miles, 10 minutes

530-894-5500

Standard Rooms with kitchens, pool, free Wi-Fi & free breakfast

OXFORD SUITES – 7.1 miles, 13 minutes

530-899-9090

All-suite hotel with an outdoor pool, free Wi-Fi, business center, gym, free evening appetizers & free hot breakfast buffet

BED & BREAKFAST

DURHAM HOUSE INN – 0.4 miles, 2 minutes

530-342-5900

Beautiful rooms, homemade hot breakfast, Wi-Fi & pool. Walking distance to the Dwight Brinson Swim Center.

DURHAM AMENITIES – All within very short walking distance

CHATTERBOX CAFÉ – Open until 2:00 PM Monday – Saturday

DOLLAR GENERAL – Open 8:00 AM – 10:00 PM Monday - Sunday

DURHAM COUNTRY MARKET – Open 6:00 AM – 12:00 PM Monday - Sunday

PUEBLITO's MEXICAN RESTAURANT – Open 11:00 AM – 8:00 PM Monday - Sunday

POST OFFICE – Open 9:00 AM – 5:00 PM Monday – Friday, drop box in front

RED ROOSTER CAFÉ – Open Monday – Saturday 6:00 AM – 3:00 PM, Sunday 7:00 AM – 2:00 PM

CALIFORNIA TACO TRUCK – Open Monday – Saturday 11:00 AM – 7:00 PM

TOZIER'S TRUE VALUE HARDWARE - Open Monday – Saturday 8:00 AM – 5:00 PM, Sunday 10:00 AM – 3:00 PM