



CAL Invitational Swim Meet

Hosted by California Aquatics
January 18-19, 2020

This meet has been pre-approved by USA and Pacific Swimming. Times from this meet may be used to enter future USA-Swimming Meets.

Approval Number: AP 20-1

In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Enter Online: <http://ome.swimconnection.com/pc/CAL20200118>

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Leo Lin/Peter McNamara

Head Starter: Mark Ryan

Administrative Referee: Clint Benton

Meet Director: Chase Kreitler

Meet Marshal: Cameron Chilcot

LOCATION: Spieker Aquatics Complex, 2301 Bancroft Way, Berkeley, CA 94720

COURSE: OUTDOOR 25 YARD pool with up to 14 lanes available for competition. An additional [2] lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 9'0" at the turn end.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. Finals will begin 1 hour after the conclusion of the trials, but not before 1:00 PM.

RULES:

- This meet is open to both USA-Swimming registered swimmers and non-USA-S registered swimmers.
- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Protection Policy (MAAPP), and warm-up procedures shall govern the meet. A copy of these warm-up procedures shall be posted at the Clerk-of-Course. All athletes 18 and older must have completed the Athlete Protection Training to be allowed to compete.
- **All events will swim fast to slow.**
- Swimmers may compete in a maximum of three (3) events per day.
- The meet will be capped at a maximum of 500 swimmers.
- All the 500 Freestyle and 400 IM heats will be swum as timed finals events during the preliminary sessions. All other individual events are Trials and Finals (Championship and Consolation Finals)
- All Relay Events are Timed Finals and will swim during the FINALS session.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

NOTE: Deck Pass is an acceptable form of proof of USA Swimming Membership.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for subsequent events shall be no more than 60 minutes before the estimated start time of the first heat of the event until 10:30 am. **Check in for all remaining events for the day will be closed at 10:30 am.**

SCRATCHES: Swimmers will not be penalized for no shows during Preliminaries and/or Finals

FINALS (POSITIVE CHECK-IN): Swimmers may check-in or declare their intent to swim finals for that day at the beginning competition for that day. Swimmers must check-in or declare their intent to compete in consolation finals or finals within 30 minutes of the posting of results. In the case where a swimmer declares their intent to swim they must declare their final intention within 30 minutes after the posting of results for their last individual preliminary event. Swimmers not returning to declare their intention will not be seeded into the event.

UNACCOMPANIED SWIMMERS: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start; if not, swimmer must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Propane heaters are not permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- Swimmers under the age of 12 are not eligible to compete. The swimmer's age will be the age of the swimmer on the first day of the meet.
- Entries with "NO TIME" will not be ACCEPTED
- Swimmers must meet the entry Time Standard listed in the event table in at least 1 event.

- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.

SCRATCHES: Swimmers will not be penalized for no shows during Preliminaries and/or Finals

ENTRY FEES: \$8.00 Participation Fee Per Swimmer; \$6.50 per individual event; \$6.50 per relay entry.

ONLINE ENTRIES: Entries will be accepted via online entry only. To enter online go to <http://ome.swimconnection.com/pc/CAL20200118> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. Online entries will be accepted through midnight MONDAY January 6, 2020. **Relay entries will be taken on deck until 10:00AM each day.**

Schedule of Events

Saturday, January 18th

| Event # | Women's Times | Event | Event # | Men's Times |
|---------|---------------|-------------------|---------|-------------|
| 1 | No Standard | 200 Free Relay* | 2 | No Standard |
| 3 | 2:24.79 | 200 I.M. | 4 | 2:12.29 |
| 5 | 27.69 | 50 Freestyle | 6 | 24.79 |
| 7 | 2:22.99 | 200 Butterfly | 8 | 2:11.39 |
| 9 | 1:05.39 | 100 Backstroke | 10 | 59.79 |
| 11 | 2:42.79 | 200 Breaststroke | 12 | 2:28.09 |
| 13 | 5:43.99 | 500 Freestyle* | 14 | 5:21.19 |
| 15 | No Standard | 400 Medley Relay* | 16 | No Standard |

Sunday, January 19th

| Event # | Women's Times | Event | Event # | Men's Times |
|---------|---------------|-------------------|---------|-------------|
| 17 | No Standard | 200 Medley Relay* | 18 | No Standard |
| 19 | 59.99 | 100 Freestyle | 20 | 54.19 |
| 21 | 2:21.19 | 200 Backstroke | 22 | 2:09.89 |
| 23 | 1:05.29 | 100 Butterfly | 24 | 58.99 |
| 25 | 1:15.69 | 100 Breaststroke | 26 | 1:07.89 |
| 27 | 2:09.29 | 200 Freestyle | 28 | 1:58.59 |
| 29 | 5:07.29 | 400 I.M.* | 30 | 4:43.99 |
| 31 | No Standard | 400 Free Relay* | 32 | No Standard |

*Indicates Timed Final Event. All 400 IM/ 500 Free heats will be swum fast to slow in Preliminaries session. **All Relay Events will swim in the Finals Session.**

Note – Swimmers must have met the listed minimum time standard in at least one (1) individual event entered.