



GRIDLEY GATORS SWIM TEAM

AGO Short Course Swim Meet

June 23-25, 2023



SANCTION

Held under USA Swimming/Sierra Nevada Swimming Sanction Number: SNS23-61

According to USA Swimming Rule 202.4.10, "In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event." In applying for this sanction the Gridley Gators agree to comply and enforce all health and safety mandates and guidelines of USA Swimming, Sierra Nevada Swimming, the State of California and Butte County.

NOTICE

By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at the meet. Such information and imagery may include, but is not limited to, photographs, video, webcasting, television, psych sheets and live meet results. **The results of this meet may be posted on Meet Mobile.**

LOCATION

Gridley Community Pool. 1989 E. Hazel Street, Gridley, CA 95948

Directions – Traveling North on Hwy. 99, turn EAST at the third stoplight toward Fairgrounds on Hazel Street. Traveling South, turn EAST at the second stoplight. The pool is one block East on the corner of Fairview Drive and Hazel Street.

FACILITY

OUTDOOR 25 YARD pool with **6** lanes available for competition. A warm up area will be available for warm-up/cool down throughout the competition.

CERTIFICATION

In accordance with Article 202.4.11C, the competition course has a pool depth at the start end of 4'6" at 3'3.5" and 4'6" at 16'5". At the turn end it is 4'6" at 3'3.5" and 4'6" at 16'5".

According to 202.4.11G(2) in the 2023 Rulebook, "The competition course has not been certified in accordance with 104.2.2C(4).

TIMES

	Warm ups	Meet Begins
Friday	3:45 - 4:45 PM	5:00 PM
Saturday & Sunday	7:30 - 8:45 AM	9:00 AM

***There will be camping available at the fairgrounds next to the pool.
More information will be sent out prior to the meet.**

RULES

2023 USA Swimming and Sierra Nevada Swimming rules will apply. A USA Swimming Registered Coach must supervise all warm-ups. If you do not have a USAS Registered Coach at the meet, report to the Deck Referee for lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Swimmers that are observed being warmed-up or being started by anyone other than a registered Coach, will be removed from all events for the day.

All Coaches will be required to present their 2023 USAS Coach Membership card to the Meet Referee at the beginning of the meet.

According to 202.4.11D, "Any swimmer entered in the meet must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a Member-Coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY

This meet is limited to age group (18 years and younger) swimmers registered with USA Swimming. All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmer's memberships prior to the meet, and if valid, will be allowed to compete. Sierra Nevada Swimming does not allow swimmers to register for a USA Swimming Membership at the meet. The Club will be fined \$100 for every entered swimmer that shows unregistered on a Registration Recon five (5) days prior to the meet. Flex members needing to upgrade to Premium will be exempt from the fine, however will need to be upgraded prior to the start of the meet to be eligible to swim.

According to 302.3 - If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

RESTRICTIONS

Smoking, vaping and/or use of other tobacco products are prohibited in all area of the swim venue. Glass containers, alcoholic beverages, pets and personal heaters are prohibited in the pool area.

12 & UNDER SWIMWEAR RESTRICTION: Per 102.8.1.F SWIMWEAR (USA Swimming Rulebook)
"No Technical Suits shall be worn by any 12 & Under USA Swimming athlete member in competition at any sanctioned, approved or observed meet."

- (1) Exceptions only for Junior Nationals, U.S. Open, National Championships and Olympic Trials.
- (2) A Technical Suit is one that has one of the following components:
 - Any suit with any bonded or taped seams regardless of its fabric or silhouette: or
 - Any suit with woven fabric extending past the hips.

(Note: WOVEN FABRIC - a suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC - a suit with knit fabric and sewn seams not extending below the knee is permitted.)

SAFE SPORT

According to USA Swimming Rule 202.4.11H: Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms, or locker rooms. Sierra Nevada Swimming would like to further state that the use of audio or visual recording devices, including a cell phone, is not permitted behind the starting end of the pool at any time.

For the safety of the Athletes and according to 202.4.11I, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited (DECK CHANGES ARE PROHIBITED).

According to 202.4.11J the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, Coaches, Officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Coordinator (or his/her designee).

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

ATTENTION SWIMMERS: All adult athletes (age 18+) are required to complete and keep his or her Athlete Protection Training current and up to date before they are allowed to enter the meet.

According to 202.4.11N, City of Gridley will be providing medical supervision, Marshals, and lifeguards during the swim meet and will be available to athletes participating in the meet.

According to 102.10, the City of Gridley will be Marshals during the swim meet, one female and one male.

COVID POLICY

Gridley Gators have taken enhanced health and safety measures for all members, athletes, spectators, Coaches and Officials. You must follow all posted instructions at the Gridley Pool. By attending this meet, you voluntarily assume all risks related to exposure to COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SIERRA NEVADA SWIMMING, THE GRIDLEY GATORS SWIM TEAM, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

The Gridley Gators will follow all state, county, city, and facility guidelines regarding social distancing and sanitizing.

WARM-UP

The following rules apply to the warm-up period before each session during the meet:

- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry), except for starts, which are limited to specified lanes under the direct supervision of a coach.
- Up to 2 lanes can be used for pace 50's (Usually lanes 1 & 6) and up to 2 lanes for one-way sprints (Usually lanes 2 & 5).
- Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool).
- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- Swimmers are not allowed on the starting blocks when a backstroke swimmer is executing a start in the same sprint lane.
- In the use of hand-paddles, kick-boards, fins and other devices are not allowed during general warm up. The use of hand-paddles at any time during which touch pads are installed is forbidden.

The Meet Referee, Meet Director or a designee may remove a swimmer, Coach and/or Team from the deck for violations of these rules.

ENTRY LIMITS

Swimmers may compete in a maximum of four (4) individual events per day on Saturday and Sunday; two (2) events per swimmer on Friday; for a total maximum of ten (10) events plus relays during the meet. It is up to the Meet Director and Meet Referee to ensure that no 12 & Under events exceed the 4-hour limit under USA Swimming Rule 205.3.1.F.

The meet will be capped at 200 swimmers on Friday and 275 swimmers per session on Saturday/Sunday or when it is estimated sessions with swimmers 12 & Under will exceed 4 hours.

ENTRY FEES

\$4.00 per individual event for all entries plus an \$8.00 per swimmer surcharge. There are no refunds for entering too many events, scratching events, or not participating in the meet once registered.

ENTRIES

All entry times should be the swimmer's actual best times and be able to be verified if necessary. "No Time" or "NT" entries **WILL BE ACCEPTED** for swimmer's in any event they have not swum before. In accordance with USA-S Rule 102.2.9, if a swimmer has no official time in the entered event an estimated appropriate seed time will be accepted.

All entries should be made through Swim Connection.

Online entries will be accepted through 11:59 PM on Thursday, June 16th.

Deck entries will not be allowed.

RELAYS

Relay entries and fees (\$8.00 per relay) will be submitted to the Clerk of Course each day by 10:00AM by Coach or Team Representative at the meet. Do not send entries in advance. Entry cards must include a seed time and name of swimmers in the order they will swim. **Relays will be awarded 1st through 3rd place and points will be awarded towards Teams.**

CHECK-IN

THIS MEET IS PRE-SEEDED. All swimmers are automatically checked in to the events which they are registered for.

GREAT AWARDS!

Distinctive medals for 1st through 3rd place, distinctive ribbons for 4th through 12th place.

Relays will be awarded 1st through 3rd place.

High Point Individuals: 1st place, Girls and Boys, 6&Under, 7/8, 9/10, 11/12/ 13/14, 15/16, 17/18.

High Point Team: 1st, 2nd, 3rd place.

Tim Brumley Award: Winner of event #26 - Men's 17-18 100-yard Breaststroke.

New "A" times will be awarded an "A" medal.

Awards must be picked up at the meet. They will not be mailed. Awards are available shortly after the event results are posted. It is recommended that awards be picked up during the course of the day.

SCORING

In accordance with USA Swimming rules for 6 lane pools: Scoring is 16-13-12-11-10-9-7-5-4-3-2-1.

Relay events scoring: 32-26-24.

SPECIAL RULES

All heats for all events will be seeded fastest to slowest. **For the 1000-yard Freestyle event, swimmers must provide their own Timers and Lap Counters.** Flyover starts may be used at the discretion of the Meet Referee. If so, swimmers are reminded to stay in the water at the completion of their heats and stay close to the pool edge.

GREAT HOSPITALITY!

A great snack bar will be available, serving breakfast, lunch and snack food. Lunch and refreshments will be served to all working Officials and Coaches. Light refreshments will be served to all Timers.

COACHES

All Coaches must have evidence of their current 2023 USA Swimming Certification and will be required to check in with the Clerk of Course to show proof. Upon such proof, Coaches will receive any necessary meet paperwork and identifying mark (wrist band, etc.) of clearance that must be displayed while on deck. Coaches unable to present evidence of certification will not be allowed to coach on the pool deck and the Coach and Club will each be fined \$100.

Shade, chairs and tables will be provided for Coaches on deck.

There will be a Coaches meeting at the pool approximately 15 minutes before the start of the meet on both Friday & Saturday.

OFFICIALS

All certified Officials with current USA Swimming registration from any LSC are welcome to work this meet. All working officials must have passed the background check, athlete protection training and concussion course mandated by USA Swimming, as well as the California required Mandatory Reporting: Understanding Your Responsibility. Before the beginning of the meet, the Meet Referee will verify that these requirements have been met. Please have the USA Swimming App on your phone so that you can pull up your Membership Card or have a printed copy available.

A brief Officials Meeting will be held 30 minutes prior to the start of the meet. All Officials must wear their Officials' credentials visibly while working on deck.

Meet Referee: Amber Ponciano robnumber@sbcglobal.net
Head Starter: Cindy Jacobo
Admin Official: Roberta Savage
Meet Director: Carianne Daddow

Officials dress will be white polo shirts and navy-blue pants/shorts/skirts, white socks, and white tennis shoes.

TIMERS

Clubs will be assigned lanes. Timing is based on the SN Timing Policy. Number of timing chairs per Team is based on the formula - (number of swimmers on a team in the session [divided by] total number of swimmers in the session) which is then [multiplied by] number of timing chairs. This number will be rounded to the nearest whole number. Host Team supplies Timers in the same ratio as the visiting Teams and is responsible for filling unassigned chairs. Assignments will be sent to participating Teams.

Friday - June 23rd				Saturday - June 24th				Sunday - June 25th			
Event #		Age Group	Event	Event #		Age Group	Event	Event #		Age Group	Event
G	B			G	B			G	B		
1	2	11-18	500 FREE	13	14	11-12	100 I.M.	41	42	13-18	200 FREE
3	4	10 & UN	100 I.M.	15	16	12 & UN	50 FLY	43	44	8 & UN	25 FLY
5	6	11-18	200 I.M.	17	18	13-18	100 FLY	45	46	9-12	100 FLY
7	8	9-12	200 FREE	19	20	8 & UN	25 BACK	47	48	13-18	200 FLY
9	10	8 & UN	100 FREE	21	22	9-12	100 BACK	49	50	12 & UN	50 BACK
11	12	11-18	1000 FREE	23	24	13-18	200 BACK	51	52	13-18	100 BACK
				25	26	12 & UN	50 BREAST	53	54	8 & UN	25 BREAST
				27	28	13-18	100 BREAST	55	56	9-12	100 BREAST
				29	30	8 & UN	25 FREE	57	58	13-18	200 BREAST
				31	32	9-12	100 FREE	59	60	12 & UN	50 FREE
				33	34	13-18	100 FREE	61	62	13-18	50 FREE
				35	36	8 & UN	100 MED RELAY	63	64	8 & UN	100 FREE RELAY
				37	38	9-12	200 MED RELAY	65	66	9-12	200 FREE RELAY
				39	40	13-18	200 MED RELAY	67	68	13-18	200 FREE RELAY

***For the 1000-yard Freestyle event, swimmers must provide their own Timers and Lap Counters.**

Summary of Events by Age Group

	8 & Under	9-10	11-12	13-18
Friday - June 23rd	100 I.M. 100 FREE	100 I.M. 200 FREE	500 FREE 200 I.M. 200 FREE 1000 FREE	500 FREE 200 I.M. 1000 FREE
Saturday - June 24th	50 FLY 25 BACK 50 BREAST 25 FREE	50 FLY 100 BACK 50 BREAST 100 FREE	100 I.M. 50 FLY 100 BACK 50 BREAST 100 FREE	100 FLY 200 BACK 100 BREAST 100 FREE
Sunday - June 25th	25 FLY 50 BACK 25 BREAST 50 FREE	100 FLY 50 BACK 100 BREAST 50 FREE	100 FLY 50 BACK 100 BREAST 50 FREE	200 FREE 200 FLY 100 BACK 200 BREAST 50 FREE