



Durham Dolphins Swim Team (DDUR)

Short Course Invitational June 20-22, 2025

Enter online at: <https://ome.swimconnection.com>

SANCTION: Held under USA Swimming/Sierra Nevada Swimming Sanction # SNS25-56

In accordance with USA Swimming Rule (USA-S Rule) 202.4.10, "In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

NOTICE:

By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

SAFE SPORT:

Pursuant to USA-S Rule 202.4.11H use of audio or visual recording devices, including a cell phone is not permitted in changing areas, rest rooms, and locker rooms.

Sierra Nevada Swimming and the Durham Dolphin Swim Team would like to further state that, "The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting end of the pool at any time." The use of flash devices at the start is also prohibited. Pursuant to USA-S Rule 202.4.11I deck changes are prohibited. According to 202.4.11J, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, Coaches, Officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Coordinator (or his/her designee). All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

ATTENTION SWIMMERS:

All adult athletes (age 18+) are required to complete and keep current their Athlete Protection Training, before they are allowed to enter the meet.

According to 202.4.11N, a lifeguard will be on duty during the entirety of the meet and an AED is available on site.

According to 102.10, there shall now be a minimum of two Marshals present, one female and one male, at all swim meets and time trials.

LOCATION: DWIGHT BRINSON SWIM CENTER: 9447 Midway, Durham, CA 95938

From Hwy 99 take the Durham exit and travel west 4.5 miles on Durham-Dayton Highway to Midway (first stop sign). Turn right and the pool will be on the left. Parking will be limited in the front parking lot and the main entrance to the parking lot will be closed. Parking is not permitted along the Midway or in neighboring business parking lots.

Parking will be available in 3 main areas. A parking map is available at www.durhamdolphins.swimtopia.com. All parking areas are easy walking distance to the pool. Parking is available on the Durham Unified School District campus by continuing straight (west) at the stop sign and turning right onto Goodspeed Street (Post Office on the corner). At the district office veer right. If this parking lot is full continue through gate at the end of the parking lot on the right to pool campus for additional parking and exit onto Midway for parking at Midway Park.

- Durham School Campus Parking is available by continuing straight (west) at the stop sign and turning right onto Putney Drive.

- Midway Park (most abundant parking) is available on the Midway north of the pool location. Look for the grass and baseball fields. A walking path will be clearly marked for easy walking to the pool.

FACILITIES:

The Dwight Brinson Swim Center facility has an outdoor, surveyed and heated, 25-YARD pool with up to 6 lanes available for competition. Warm up/Cool down will be in the diving section of the pool after the start of the meet and throughout the competition. The Durham Dolphins meet director, Mike Trujillo has verified the pool specifications as stated above and ensures that the Dwight Brinson Swimming Center pool meets the required course dimensions.

RESTROOMS:

The Bathrooms in the Pool area are to be used by Coaches and Officials only. Portable bathrooms will be provided for use by all participants and spectators. These will be in the front parking lot, east of the pool facility.

CERTIFICATION:

In accordance with USA-S Rule 202.4.11C, the competition course has a pool depth of 11'8" at 3'3.5" and 12'8" at 16' 5" at the start end. At the turn end it is 4'8" at 3' 3.5" and 4'8" at 16'5". The warm-up/cool-down area will be in the diving section of the pool after the start of the meet due to all 6 lanes of the pool being used for competition.

RULES:

Current USA-S and Sierra Nevada Swimming rules will govern the meet. Sierra Nevada warm-up procedures will be in effect and a copy of the procedures will be posted at the meet. The four-hour rule will be enforced in accordance with USA-S Rule 205.3.1F

NT (No Time) entries are accepted however estimated times are preferred and will help seed the heats properly.

Swimmers are limited to a **maximum of TWO (2) Individual events on Friday and FOUR (4) individual events per day on Saturday and Sunday, for a total maximum of TEN (10) individual events during the meet.** Those entries which are in excess of the above limitations will not be refunded. All events are SHORT COURSE YARDS and timed finals.

In accordance with USA-S Rule 102.2.9, if a swimmer has no official time in the entered event an estimated appropriate seed time will be accepted.

In accordance with USA-S Rule 202.4.11D, any swimmer entered in the meet must be represented by a certificated USA Swimming Member-Coach as being proficient in performing a racing start, both for forward starts and backstroke starts including backstroke starts using a ledge or they must start each race from within the water.

Also, in accordance with USA-S Rule 202.4.11D, when unaccompanied by a Member-Coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming Member Coach during warm-up, competition, and warm-down. Any swimmer without a Coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet.

The Meet Referee, Meet Director, or a designee may remove a swimmer, Coach, and/or Team from the deck for violations of these rules.

All heats for all events will be **seeded fastest to slowest**. Fly over starts may be used at the discretion of the Meet Referee. If so, swimmers are reminded to stay in the water at the completion of their heats and stay close to the wall.

No Team tents or pop-ups on the pool deck and No overnight camping.

WARM UP RULES:

The following rules apply to the warm-up period before each session, and warm-up/ cool-down during the meet:

Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry), except for starts, which are limited to specified lanes.

If used, Lifeguards shall be on the pool deck during the entire warm up period.

Up to 2 lanes can be used for pace 50s (usually lanes 1&6) and up to 2 lanes for one-way sprints (usually lanes 2&5). Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool). Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.

The use of hand-paddles, kickboards, fins and other devices are not allowed during general warmup. The use of hand-paddles at any time during which touch pads are installed is forbidden.

The diving well of the pool is to be used for warm-up and cool-down only. **A three-point entry is required!!!**

TIME:

<i>Warmups: Friday</i>	4:00 PM
<i>Meet Begins: Friday</i>	5:00 PM
<i>Officials' Meeting:</i>	30 minutes before the start of the session.
<i>Warmups: Saturday & Sunday</i>	8:00 AM
<i>Meet Begins: Saturday & Sunday</i>	9:00 AM
<i>Officials' Meeting: Saturday & Sunday</i>	30 minutes before the start of each session.

ELIGIBILITY:

All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmers' memberships prior to the meet and, if valid, will be allowed to check-in and compete. Note that SNS does not allow swimmers to register for a USA Swimming Membership at the meet.

According to 302.3 in the 2025 Rulebook and in effect now — If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

ENTRY LIMITS & SCRATCH DOWN:

It is up to the Meet Director and Meet Referee to ensure that no sessions with swimmers 12 & under last longer than 4 hours under USA-S Rule 205.3.1F The meet will be capped at 350 swimmers or when it is estimated sessions with swimmers 12 & under will exceed 4 hours.

ENTRY FEES:

\$5.00 per individual events for all entries plus a \$10.00 per swimmer splash fee surcharge. Entry fees are non-refundable, except in the event of a required scratch down.

ONLINE ENTRIES: Online entries will be accepted through 11:59 PM. Tuesday, June 17, 2025 or until meet capacity is reached. Enter at: <http://ome.swimconnection.com> to receive an immediate entry confirmation of acceptance via email. The "Billing Info" e-mail should be brought to the meet as proof of entry. Online entry requires payment by credit card using a secure website. Swim Connection LLC charges a processing fee for this service.

DECK ENTRIES:

Deck entries will **not be accepted.**

CHECK-IN: THIS MEET IS PRE-SEEDED.

All swimmers are automatically checked in to the events that they are registered for.

AWARDS:

Medals for 1st – 6th place

Ribbons for 7th – 12th place

Ages 5/6, 7/8, 9/10, 11/12, 13/14, 15/16, 17/18 will be awarded separately for individual events.

All entry times will be verified by the Administrative Official. In keeping with our theme, an awards ceremony will be held to recognize all high point male and female swimmers placing 1st through 3rd in each of the age groups 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, and 17-18. The Teams placing 1st through 3rd high point will receive an award. The relay events are for fun and will not be scored or awarded individual or team points. **All awards must be picked-up during the meet.**

SCORING: Scoring for all individual events will be 16-13-12-11-10-9-7-5-4-3-2-1. **ADMISSION:** Free.

SNACK BAR & HOSPITALITY:

A snack bar will be available, serving breakfast items, snack food, candy and beverages. Food trucks will be onsite with food available for purchase. Snacks and refreshments will be served to working Officials and Coaches. Light refreshments will be available for timers.

OFFICIALS:

All working Officials must have passed the background check, athlete protection training and concussion course mandated by USA Swimming, as well as the California required Mandatory Reporting: Understanding Your Responsibility. Before the

beginning of the meet, the Meet Referee will verify that these conditions have been met. Please have the USA Swimming App on your phone so that you can pull up your Membership Card or have a printed copy available.

OFFICIAL'S DRESS:

Official attire at this meet will be white tennis shoes, white socks, white polo shirts, and navy-blue pants/shorts/skirts. **There will be a mandatory Officials meeting 30 minutes before each session of the meet.**

COACHES:

All Coaches must have evidence of their USA Swimming Certification and will be required to check in with the Computer Operator or Check-in table at the meet to show proof. Upon such proof, Coaches will receive any necessary meet paperwork and identifying mark (wrist band, etc.) of clearance that must be displayed while on deck. Coaches unable to present evidence of certification will not be allowed to coach and will be removed from the deck.

TIMERS:

We will use semi-automatic button timing in conjunction with the Colorado system and a stop watch timer as backup. This will require 3 timers per lane. Club timing assignments are based on the SN Timing Policy. Number of timing chairs per team is based on the formula – (number of swimmers on a team in the session [divided by] total number of swimmers in the session) which is then [multiplied by] NUMBER of timing chairs. This number will be rounded to the nearest whole number. Host team supplies timers in the same ratio as the visiting teams and is responsible for filling unassigned chairs. Assignments will be sent to participating teams the day before each contest.

LAP COUNTING DEVICES:

Teams with swimmers participating in the 500 yard Freestyle event on Friday evening should provide their own lap counting devices.

MINIMUM OFFICIALS RULE:

Each Team shall, by the entry deadline, provide to the Meet Director or designee a list of Officials who have agreed to represent their Team during the meet, in accordance with the following table:

<u># of swimmers the Team entered in meet:</u>	<u># of carded Officials required:</u>
0-10.....	0
11-25.....	1
26-50.....	2
51-75.....	3
76-100.....	4
>100.....	5

One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of entries against the number of Officials present representing each Team. Teams who have not provided sufficient Officials shall have all their swimmers treated as "time-only swimmers" in all aspects of that session and awards will not be earned.

MEET OFFICIALS:

Meet Referee:	Amber Ponciano
Head Starter	Cindy Jacobo
Admin Official:	Michelle Owen
Meet Director:	Holly Rowe

RESTRICTIONS:

Smoking, vaping, and the use of any other marijuana or tobacco products are prohibited at the Dwight Brinson Swim Center facility and all areas of the meet venue. Anyone desiring to smoke, vape, or use any other marijuana or tobacco products must leave the facility, including parking areas, to do so.

- The sale and use of alcoholic beverages is prohibited at this venue.
- No pets are allowed.
- Glass containers are not allowed in the pool area.

12 & UNDER RESTRICTIONS: 102.8.1.F SWIMWEAR (USA Swimming Rulebook)

"No Technical Suits Shall be worn by any 12 & under USA Swimming athlete member in competition at any sanctioned, approved or observed meet. A Technical Suit is one that has the following components:(Note: WOVEN FABRIC – a suit with woven fabric and sewn seams that does not extend below the hips is permitted.) (Note: KNIT FABRIC – a suit with knit fabric and sewn seams not extending below the knee is permitted.).

EVENTS:

Friday			
Event #		Age Group	Event
G	B		
1	2	9-18	200 IM
3	4	8 & under	100 Free
5	6	13-18	200 Breast
7	8	9-12	200 Free
9	10	11-18	500 Free
11	12	8 & under	50 Fly
13	14	9-18	100 Fly

Swim Entry Limits:

2 events on Friday

4 events Saturday

4 events Sunday

Saturday				Sunday			
Event #		Age Group	Event	Event #		Age Group	Event
Girls	Boys			Girls	Boys		
15	16	13-18	200 Free	37	38	9-18	100 IM
17	18	9-12	100 Free	39	40	8 under	100 IM
19	20	8 under	50 Free	41	42	13-18	100 Free
21	22	9-18	50 Fly	43	44	9-12	50 Free
23	24	8 under	25 Fly	45	46	8 under	25 Back
25	26	9-18	100 Back	47	48	9-18	50 Back
27	28	8 under	50 Back	49	50	8 under	50 Breast
29	30	9-18	50 Breast	51	52	9-18	100 Breast
31	32	8 under	25 Breast	53	54	8 under	25 Free
33	34	13-18	200 Back	55	56	13-18	50 Free
35 - 36 Pool Noodle Relay Mixed Age Unscored 200 Relay				58 Mixed Parent/ Coach/ Swimmer Relay 2-8 Swimmers Mixed Age Unscored 200 Free or y 4 Strokes Medley Relay			
Group of either 4 girls or 4 boys mixed age groups ok. Use any stroke to swim your 50 with the noodle and pass it on to the next swimmer. Limit 30 total entries.				The swimmers may be any age, mixed genders and can be any combination of swimmers, parents, or coaches. You can swim a 25 or a 50 but the total distance swam per entry team must equal a 200. Limit 30 total entries.			

Relay events on All Days are fun relays and will not be scored events or awarded individual or Team points.

SUMMARY OF EVENTS BY AGE GROUP:

	8-under	9-12	13-18
Friday	100 Free 50 Fly	200 IM 200 Free 500 Free (11-12) 100 Fly	200 IM 200 Breast 500 Free 100 Fly
Saturday	50 Free 25 Fly 50 Back 25 Breast	100 Free 50 Fly 100 Back 50 Breast	200 Free 50 Fly 100 Back 50 Breast 200 Back
Sunday	100 IM 25 Back 50 Breast 25 Free	100 IM 50 Free 50 Back 100 Breast	100 IM 100 Free 50 Back 100 Breast 50 Free