

# Orland Otters Swim Team

## Short Course Invitational July 19-20, 2025

Enter online at: <https://ome.swimconnection.com/>

**SANCTION:** Held under USA Swimming/Sierra Nevada Swimming Sanction #SNS25-60

On Saturday July 19th and Sunday July 20th, the Orland Otters will host the Otters BEE-ch Party Invitational. In accordance with USA Swimming Rule (USA-S Rule) **202.4.10**, "In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**SAFE SPORT:** Pursuant to USA-S Rule **202.4.11H** use of audio or visual recording devices, including a cell phone is not permitted in changing areas, rest rooms or locker rooms.

Sierra Nevada Swimming and the **Orland Otters** Swim Team would like to further state that, "The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting end of the pool at any time." The use of flash devices at the start is also prohibited.

Pursuant to USA-S Rule **202.4.11I** deck changes are prohibited.

According to **202.4.11J**, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, Coaches, Officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Coordinator (or his/her designee). **All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the policy is a condition of participation in the conduct of this competition.**

**Attention Swimmers:** All adult athletes (age 18+) are required to complete and keep current their Athlete Protection Training, before they are allowed to enter the meet. According to 202.4.11N, a description of the medical supervision (e.g., lifeguards, EMT, AED device, etc.) available to athletes participating in the meet, needs to be included in this Meet Announcement. **Please describe your type of medical supervision.**

According to 102.10, there shall now be a minimum of two Marshals present, one female and one male, at all swim meets and time trials.

**LOCATION:** **City of Orland Municipal pool 120 Roosevelt Ave Orland Ca 95963**  
**Orland Public Pool – Located at 120 Roosevelt Ave Orland Ca. 95963. From I-5 take the Orland/Chico exit to Highway 32, towards Chico. Turn Left onto 3<sup>rd</sup> Street and follow around the football field where the road turns onto Roosevelt Ave. The pool and covered parking will be on your right.**

**From Chico take Highway 32 west to Orland. Turn right on East street. Continue through the stop sign and around the baseball field. East street curves to the left and becomes Roosevelt Ave. The pool and parking are on the left.**

**FACILITIES:** **A Surveyed, Outdoor 25-yard** pool with up to 8 lanes available for competition. **The dive pool** will be available for warm-up/cool down throughout the competition. The Orland Otters meet directors, Ruby Neumann and Erin Knight, have verified the pool specifications as stated above and ensure that the Orland City Pool meets the required course dimensions.

**CERTIFICATION:** In accordance with USA-S Rule **202.4.11C**, the competition course has a pool depth of 5 ft. at 3'3.5" and 5 ft. at 16' 5" at the start end. At the turn end it is 4.6 ft. at 3' 3.5" and 4.6 ft. at 16'5". The water depth of the separate warm-up lane, in accordance with USA-S Rule **202.4.11C**, has a pool depth of 12ft.

### **RULES:**

**WARM-UP RULES:** The following rules apply to the warm up period before each session, and to warm-up/down during the meet:

- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry), except for starts, which are limited to specified lanes.
- If used, Lifeguards shall be on the pool deck during the entire warm up period.
- Up to 2 lanes can be used for pace 50's (Usually lanes 1 & 8) and up to 2 lanes for one-way sprints (Usually lanes 2 & 7).
- Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool)
- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.

- Swimmers are not allowed on the starting blocks when a backstroke swimmer is executing a start in the same sprint lane.
- The use of hand-paddles, kickboards, fins and other devices are not allowed during general warm-up. The use of hand-paddles at any time during which touch pads are installed is forbidden.

**Swimmers that are observed being warmed-up or being started by anyone other than a registered Coach, will be removed from all events for the day.**

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming Member Coach during warm-up, competition, and warm-down. Any swimmer without a Coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet.

The Meet Referee, Meet Director or a designee may remove a swimmer, Coach, and/or Team from the deck for violations of these rules.

Current USA-S and Sierra Nevada Swimming rules will govern the meet.

- Sierra Nevada warm-up procedures will be in effect and a copy of the procedures will be posted at the meet.
- The four-hour rule will be enforced in accordance with USA-S Rule 205.3.1F
- Swimmers are limited to a maximum of **4** events per day on Saturday and Sunday; for a total maximum of **8** events during the meet.
- All events are **SHORT COURSE YARDS** and timed finals.
- Properly registered 19-over swimmers may enter, but they will not be scored or awarded.
- In accordance with USA-S Rule 102.2.9, if a swimmer has no official time in the entered event an estimated appropriate seedtime will be accepted.
- NT (No Time) entries are accepted however estimated times are preferred and will help seed the heats properly.
- In accordance with USA-S Rule **202.4.11D**, any swimmer entered in the meet must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- Also, in accordance with USA-S Rule **202.4.11D** when unaccompanied by a Member-Coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SPECIAL RULES:** All heats for all events will be seeded fastest to slowest. Fly-over starts may be used at the discretion of the Meet Referee. If so, swimmers are reminded to stay in the water at the completion of their heats and stay close to the pool edge.

#### **TIMES:**

	<b>Warm ups</b>	<b>Meet Begins</b>
Saturday	<b>7:45 AM</b>	<b>9:00 AM</b>
Sunday	7:45 AM	<b>9:15 AM</b>

**An Officials' Meeting will be held 30 minutes before the start of each session.**

**ELIGIBILITY:** All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmers' memberships prior to the meet and, if valid, will be allowed to check-in and compete. Note that SNS does not allow swimmers to register for a USA Swimming Membership at the meet.

**The Club will be fined \$100 for every entered swimmer that shows unregistered on a Registration Recon five (5) days prior to the meet. Flex members needing to upgrade to Premium will be exempt from the fine, however will need to be upgraded prior to the start of the meet to be eligible to swim.**

According to **302.3** in the current Rulebook and in effect now — If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

**ENTRY LIMITS & SCRATCH DOWN** It is up to the Meet Director and Meet Referee to ensure that no sessions with swimmers 12 & under last longer than 4 hours under USA-S Rule 205.3. 1F The meet will be capped at 350 swimmers or when it is estimated sessions with Swimmers 12 & under will exceed 4 hours.

**ENTRY FEES:** \$5.00 per individual event for all entries (includes \$0.50 to Sierra Nevada General Fund, \$1.00 to Sierra Nevada Age Group Travel Fund, and \$0.75 to Sierra Nevada Senior Travel Fund) plus a \$10.00 per swimmer splash fee surcharge. Entry fees are non-refundable except in the event of a required scratch down. Make checks payable to **Orland Otters**.

**ENTRIES:** **ONLINE ENTRIES:** Online entries will be accepted through **11:59 PM Sunday, July 13, 2025** or until the meet

capacity is reached. Enter at: <https://ome.swimconnection.com/> to receive an immediate entry confirmation of acceptance via email.

The "Billing Info" e-mail should be brought to the meet as proof of entry. Online entry requires payment by credit card using a secure website. Swim Connection LLC charges a processing fee for this service.

- DECK ENTRIES:** There will be **no deck entries** for individual events for this meet. Relay entries will be due by 10:00 AM each day. **The cost for relays is \$10.00 per Team.**
- CHECK-IN:** The meet will be Pre-Seeded so no check in is required.
- AWARDS:** "Medals will be awarded for 1<sup>st</sup> thru 6th place. Rosette ribbons will be awarded for 7<sup>th</sup> thru 12<sup>th</sup> place.
- Relays will be scored but not awarded any ribbons or medals.
- High Point seasonal individuals will be awarded to both boys and girls in the following age groups: 6 & under, 7&8, 9&10, 11&12, 13&14, 15&16 and 17&18.
- High Point year-round individuals will be awarded to both boys and girls in the following age groups: 6 & under, 7&8, 9&10, 11&12, 13&14, 15&16 and 17&18.
- High Point Team (seasonal only): 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> place prizes.
- Awards will need to be picked up by the swimmer or Team Representative by the end of the meet on Sunday. No awards will be mailed.
- SCORING:** In accordance with USA Swimming rules for 8 lane pools: Scoring is **16-13-12-11-10-9-7-5-4-3-2-1. Relay Events scoring 32-26-24.**
- ADMISSION:** Free. Meet program as determined by the Meet Mobile App.
- SNACK BAR & HOSPITALITY:** The Knights of Columbus will be serving breakfast on Saturday and Sunday. Que Brava will be serving lunch on Saturday and Sunday. Lunch and refreshments will be provided to all working Officials. Coaches and timers currently sitting behind the lanes at the time of service.
- OFFICIALS:**
- |                 |                                       |
|-----------------|---------------------------------------|
| Meet Referee:   | <b>Amber Ponican</b>                  |
| Head Starter:   | <b>Cyndi Jacobo Mullen</b>            |
| Admin Official: | <b>Michelle Owen</b>                  |
| Meet Directors: | <b>Ruby Neumann &amp; Erin Knight</b> |

All working Officials must have passed the **background check, athlete protection training and the concussion course mandated** by USA Swimming, as well as the California required Mandatory Reporting: Understanding Your Responsibility. Before the beginning of the meet, the Meet Referee will verify that this condition has been met. Please have the USA Swimming App on your phone so that you can pull up your Membership Card quickly or have a printed copy available. All Officials must wear their Officials' credentials visibly while working on deck. An Officials Meeting will be held 30 minutes before the start of the session.

Official attire at this meet will be white tennis shoes, white socks, white polo shirts and navy-blue pants/shorts/skirts. For wet or cold conditions, boots and parkas will be allowed.

All Coaches must have evidence of their USA Swimming Certification and will be required to check in with the Clerk of Course or Check-in table at the meet to show proof. Upon such proof, Coaches will receive any necessary meet paperwork and identifying mark (wrist band, etc.) of clearance that must be displayed while on deck. Coaches unable to present evidence of certification will not be allowed to coach on the Pool Deck **and the Coach and Club will each be fined \$100.**

**There will be a Coaches meeting before each session begins, once the pool is closed for warm-ups.**

**MINIMUM OFFICIALS RULE:** Each Team shall, by the entry deadline, provide to the Meet Director or designee a list of Officials who have agreed to represent their Team during the meet, in accordance with the following table:

**#of swimmers the team entered in meet:**

**#of carded officials required:**

0-10.....	0
11-25.....	1
26-50.....	2
51-75.....	3
76-100.....	4
>100.....	5

One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of entries against the number of Officials present representing each Team. Those Teams who have not provided sufficient Officials shall have all their swimmers treated as "time-only swimmers" in all aspects of that session.

**TIMERS:**

**TIMING:** Clubs will be assigned Lanes. Timing is based on the SN Timing Policy. Number of timing chairs per Team is based on the formula – (number of swimmers on a Team in the session divided by total number of swimmers in the session) which is then multiplied by number of timing chairs. This number will be rounded to the nearest whole number. Host Team supplies Timers in the same ratio as the visiting Teams and is responsible for filling unassigned chairs. Assignments will be sent to participating Teams. We will be using a Colorado timing system with 3 buttons and 1 stopwatch per lane. If the primary timing system fails 3 stop watches will be used.

**RESTRICTIONS:**

Smoking and the use of other tobacco or cannabis products are prohibited at the **Orland City Pool** facility. Anyone desiring to smoke or use cannabis other tobacco products must leave the facility to do so. The sale and use of alcoholic beverages are prohibited in all areas of the meet venue. Glass containers as well as pets are not allowed in the pool area. Personal propane heaters will not be allowed inside the facility.

**12 & UNDER RESTRICTIONS:**

102.8.1.F SWIMWEAR (USA Swimming Rulebook) "No Technical Suits Shall be worn by any 12 & under USA Swimming athlete member in competition at any sanctioned, approved or observed meet

1) Exceptions for the foregoing restriction are only for Junior Nationals, U.S.Open, National Championships, and Olympic Trials.

2) A Technical Suit is one that has the following components:

- a. Any suit with any bonded or taped seams regardless of its fabric or silhouette: or
- b. Any suit with woven fabric extending past the hips.

(Note: WOVEN FABRIC – a suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC – a suit with knit fabric and sewn seams not extending below the knee is permitted.).

**SWIM ENTRY LIMITS:** 4 events on Saturday and 4 events on Sunday

Saturday				Sunday			
Event #		Age Group	Event	Event #		Age Group	Event
Session 1				Session 2			
G	B			G	B		
1	2	13-18	200 IM	25	26	13-18	100 Butterfly
3	4	12-Under	100 IM	27	28	9-12	50 Butterfly
5	6	13-18	100 Free	29	30	8-Under	25 Butterfly
7	8	9-12	100 Free	31	32	13-18	100 Backstroke
9	10	8- Under	50 Free	33	34	9-12	100 Backstroke
11	12	13-18	100 Breaststroke	35	36	8-Under	50 Backstroke
13	14	9-12	50 Breaststroke	37	38	13-18	200 Breaststroke
15	16	8-Under	25 Breaststroke	39	40	9-12	100 Breaststroke
17	18	13-18	50 Backstroke	41	42	8-Under	50 Breaststroke
19	20	9-12	50 Backstroke	43	44	9-12	50 Free
21	22	8-Under	25 Backstroke	45	46	8-Under	25 Free
23	24	Open	200 Medley Relay	47	48	13-18	50 Free
				49		49er 18 & Under	200 Free Relay
				50		Coaches	100 IM

**Summary of Events by Age Group**

	<b>8-under</b>	<b>9-10</b>	<b>11-12</b>	<b>13-18</b>
<b>Saturday</b>	25 Breaststroke 50 Free 100 IM 25 Backstroke	50 Breaststroke 100 Free 100 IM 50 Backstroke	50 Breaststroke 100 Free 100 IM 50 Backstroke	100 Breaststroke 100 Free 200 IM 50 Backstroke
<b>Sunday</b>	25 Butterfly 25 Free 50 Breaststroke 50 Backstroke	50 Butterfly 50 Free 100 Breaststroke 100 Backstroke	50 Butterfly 50 Free 100 Breaststroke 100 Backstroke	100 Butterfly 50 Free 200 Breaststroke 100 Backstroke

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